



THE ROYAL BOROUGH OF
KINGSTON
UPON THAMES

Finding a Job and volunteering

Resettlement and Integration



This is an Easy
Read document
with information
and resources for
finding work and
volunteering



Information and help



- [GROW](#) 1-1 employment support for women

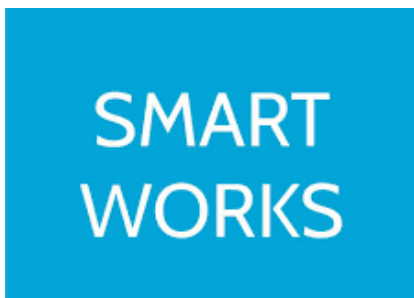
Organisations supporting refugees:



- [Refugee Action Kingston Career Advice](#)



- RefuAid has an [Employment Programme](#)



- [Smart Works](#) supports women with specific needs to find work (including mental health support, single parenting, interview clothing).



- [Suited & Booted](#) support men get interview clothing and get interview advice.

Volunteering

Why volunteering is good for you:



- You can learn new skills



- Get experience of working life



- Make new friends
- Work with experienced professionals



- Give back to community

Please visit important volunteering websites:



- To find volunteering roles:
[Volunteering Kingston](#)

Working

What should you do if you are having problems at work?



- Get in touch with [Refugee Action Kingston](#)



- [Migrant Advocacy Service](#)



- [Citizens Advice Kingston](#).

Here are some other important things:



- Make sure you have a contract
- You should be earning minimum wage [which is £11.44 from April 2024](#) (if you are over 21 years old).



- You can still work and receive benefits.
- You can apply for [Universal Credit](#)

jobcentreplus

- You will need to attend all your appointments at the jobcentre plus in Kingston.

