

Your first Social Care Assessment



What you need to know and how to prepare

Easy Read



THE ROYAL BOROUGH OF
KINGSTON
UPON THAMES

What is an assessment?



An assessment is a chance for you to talk to someone about the things you find difficult, the things you do well and any support you may need.



We usually do it at your home, but you can choose to have your assessment somewhere else if you would like. We can sometimes do assessments on the phone.

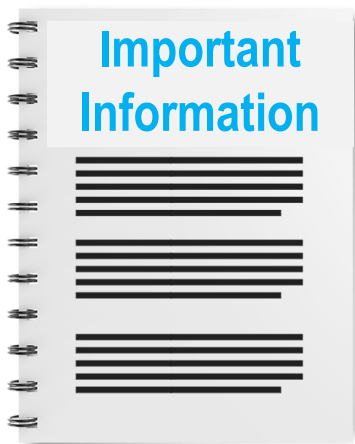


We will talk to you about how we can help you stay as independent as possible. We may be able to give you some support to help you do this. We may also refer you on to other professionals or organisations if we think this is necessary.

Getting prepared for your assessment:



Your assessment will take as long as you need to tell us about yourself, this is usually between 1-2 hours. However if we need further information we may arrange a follow up visit.



You may want to show us any documents you have that you think would be helpful in assessing your needs. This may include GP reports; letters from the hospital, or any other information you think is important.



It is good to get ready for your assessment. Think about the things you are good at and the things you find difficult or challenging.

It may be helpful to have some notes, which you can write on the lines below and have them ready for your assessment.

CHANGE YOUR LIFE

1. Any big or recent changes in your life:

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2. Living in and getting around your home safely including housework and keeping your home clean:

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3. Looking after someone else (any caring responsibilities you have):

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4. Shopping, cooking and preparing food:

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5. Showering/ bathing, getting dressed and using the toilet:

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6. Any health concerns that affect you with your daily living, including how you manage your medication:

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7. How you manage your money:

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8. Accessing work, volunteering and education:

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9. Accessing the community, including people you see, how you make use of public transport and activities you enjoy:

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10. Anything else you would like to tell us:

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What will happen after my assessment?



We will send you a copy of your assessment. We will ask you read it to make sure you are happy with it and let us know if you would like us to make any changes.

This assessment will tell us if you are eligible for Social Care services under the Care Act 2014.



If you are eligible, we will discuss what support is available to help you meet your needs. This may include direct payments, or other services.



You may have to pay towards this support. A financial assessment will need to be completed to tell us if you need to pay towards the cost of your care.

Adult Social Care Services

Guide to services to help you stay independent, safe and well



2019



Even if you are not eligible, we can provide you with information and advice. You may be directed to the community or the voluntary sector for services that could meet your needs.

Other information:

For more information about adult social care and direct payments in Kingston upon Thames, please visit: www.kingston.gov.uk

Telephone: 020 8547 5005

