

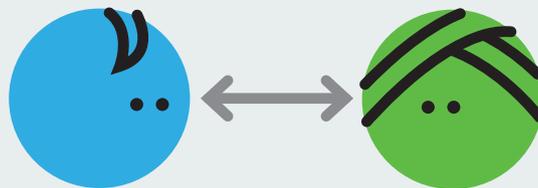
# TO PROTECT YOURSELF AND OTHERS:



**Wash your  
hands regularly**



**Wear a face  
covering**



**Keep a safe  
distance**

**Got COVID symptoms?  
Self-isolate immediately and book a free test as  
soon as possible on [nhs.uk/coronavirus](https://nhs.uk/coronavirus) or call 119**

High temperature | New continuous cough | Loss or change in sense of taste or smell