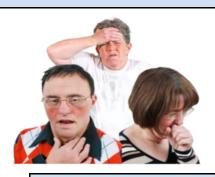


Coronavirus How to stay safe





Don't spread it

Coronavirus is a new illness that is all across the world.

The symptoms are:

- Fever
- Cough
- Trouble breathing



Wash your hands more often for 20 seconds.

Use soap and water or a hand gel when you:

- Get home or into work
- Blow your nose, sneeze or cough
- Eat or handle food





If you are worried

Do NOT go to your GP

Stay home and check the website below for the latest advice

nhs.uk/coronavirus