

Chair's Blog Spot

Hello,

I am pleased that on this occasion the Kingston Safeguarding Practice Award (KiSPA) has been awarded to three Police Officers who showed professional curiosity and kindness towards a family in need. The award has been introduced to recognise good safeguarding practice, but also to share learning with the wider partnership. The full details of the circumstances and the award are detailed in the newsletter below.



I met recently with Councillor Fiona Boulton, who is the Adult Social Care portfolio holder. We had a wide ranging discussion on safeguarding matters, during which I outlined the role of the SAB and its plans. Cllr Boulton provided a useful perspective on the local business community, which has been passed on to the Communications Sub-Group. I look forward to working with Cllr Boulton on SAB related matters.

I read a very sad story in the media recently about an elderly lady who died after being in a fire linked to the use of emollient creams, and her sons campaign with the LFB to raise awareness. Kingston SAB commissioned a SAR (titled SAR SU) in 2018, which is accessible on the website, following a death due to fire. The risk from fire to people with care and support needs is ever present and should always be considered in a risk assessment. Don't forget that the London Fire Brigade will conduct *Home Fire Safety Visits* and they have a page on their website about the safe use of emollient creams, which can be read [here](#).

Since the last newsletter, I have been maintaining contact with people across the partnership, hearing of their team's efforts to support people through the pandemic. It has been, and continues to be a huge task. Thank you for all that you are doing.

As always, I am interested in any feedback that you have about this newsletter and its content. Please respond to the KSAB email address with your thoughts. Additionally, please refer any good safeguarding practice for the awards process.

Thank you for reading and for your continuing efforts to keep people safe, Richard

Board Summary

On the 15th July 2020, KSAB held their second virtual meeting. Amongst the usual business discussed at the Board, the SAB approved a [Position Statement](#) related to CV-19 SAR's. (This is also available on our website).

The SAB also received a presentation from the Co-Chair's (Rachel Lukwago & Asim Chaudhry) of the BAME Staff Network and the SAB will be discussing at the next meeting possible ways of working together.

The SAB agreed the Kingston Safeguarding Adults Arrangements 2019-2022 which had been developed in relation to the Pan London procedures and give support and details to the local arrangements which includes the collaboration with organisations; explanation of roles and responsibilities; LA to co-ordinate the 4 stage process including enquiry, planning and review; escalation and how professionals will deal with safeguarding cases and Multi-agency Risk Panels

An amended SAR (Safeguarding Adults Reviews) Protocol was presented to the Board. This now includes the different methods of reviews; the implementation of recommendations; the publication of the report; the inclusion of flowchart and the legal responsibilities. Following discussions with members, further amendments will be made and will be returned to a future SAB for approval.

Spotlight on ... "Self- Neglect"

The term Self-Neglect is used to describe widely differing behaviour or lifestyle, and includes:

- **lack of self-care** e.g. neglect of personal hygiene, nutrition, health
- **lack of care of the domestic environment** e.g. squalor or hoarding
- **refusal of services** that would mitigate risk to safety and well-being

Engaging people

People respond in different ways to attempts to engage with them about self-neglect. They may or may not agree there is a problem, to receiving help, and they may respond unpredictably, shifting between different responses at different times. The best result comes from working closely with the person and building good relationship.

Causes

Cause include factors such as:

- Disturbance in physical or mental health preventing managing self-care or household tasks or recognising when such tasks need carrying out
- Depression, or low self-worth
- Non-conformist views on cleanliness, hygiene or order
- Response to losses, abuse or trauma
- Loss of family assistance, social support or financial means which have previously helped them to cope

Interventions

Helping the Person

- Monitoring visits and relationships building
- Attention to health concerns
- Psychotherapy address deeper-rooted issues
- Intervening through family members and social connections
- Provision of care packages
- Enforced action
- Peer support i.e. links with people addressing similar challenges

Helping with the Environment

- Deep cleaning and decluttering
- Fire risk minimisation through equipment and advice
- Adaptations and repairs to enhance safety
- Permanent or temporary change in where the person lives

Multi-agency Working

When people self-neglect there are almost always many dimensions involved, requiring the involvement and collaboration of different agencies and practitioners.

Supporting Staff

Working with people who self-neglect has a high impact on practitioners; this work 'gets under the skin' in a way that can leave people feeling distressed, emotionally drained and exposed. The following mechanisms can be used to support staff:

- Reflective Supervision
- Access to specialist advice, such as legal or health input
- Guidance from policies and procedures.

Briefings

New Seven Minute Briefings (7MB) are available on:

- [Adult Safeguarding Referral s](#) – helpful guidance on the essential information required
- [Mental Capacity Act & Covid-19](#)
- [Safeguarding is Everyone's Business](#) – new leaflet from HM Government

Remember, these 7MB and those from SARs are published on our website and are a powerful tool for improving practice!

Please send all enquiries and information to ksab@kingston.gov.uk

Good News

Since introducing the Kingston Safeguarding Adults Practice Awards (KISPA) which recognises and rewards exemplary practice, we have been pleased with the response and would like to encourage more nominations.

The recipients for this month's KISPA are three PC's from the South West BCU and were nominated by Owain Richards, Detective Superintendent of SW BCU who recognised that the officers had been conducting high visibility patrols and carrying out home visits on vulnerable members of the community. They identified a family in urgent need of food supplies and took immediate steps to get them the help they required, including the additional step of referring the family to a local foodbank.

This work exemplifies the safeguarding principles of Empowerment and Partnership working. The officers used professional curiosity to identify the issues, acted to keep the people safe and then ensured that the correct referrals were made to partners to provide ongoing support and assistance.

All Awardees will be invited to a future meeting to receive their certificates and personal thanks from the Kingston Safeguarding Adults Board.

Nominations are welcome and should be submitted on a completed Nomination Form and forwarded to ksab@kingston.gov.uk for consideration.



SAR Sub Group

There are currently two ongoing SAR's with one nearing completion, one is progressing, and a third is due to commence shortly. There are currently no new referrals.

The sub-group have amended and updated their Terms of Reference. The SAR Protocol was amended and approved by the sub-group and presented to KSAB for approval.

The next meeting is on 16th September.



Training Sub Group

Feedback from the SAB Training Survey was presented to the SAB, which showed similar themes from the organisations who had responded. However, the SAB was reassured that training within organisations has continued during this difficult period.

The sub-group will be focusing on training workshops for Self-Neglect, Domestic Abuse and Scams. These have all been highlighted during this recent pandemic.

The next meeting is on 21st September.



Communications Sub Group

The sub-group continue to promote safeguarding and find new ways to highlight awareness.

During the pandemic 7MB (Seven Minute Briefings) on Scams and Safeguarding Awareness were circulated to individuals in the Kingston borough in receipt of food parcels.

The sub-group will also continue to highlight events such as World Elder Abuse Awareness Day, Learning Disability Week, World Mental Health Day and Loneliness Week.

Participation and Feedback

We would welcome articles highlighting your, your colleague's or even your organisations achievements or publicising planned events. We would also like feedback and suggestions on how we can make sure the newsletter is relevant and helpful.

Please participate by emailing us at ksab@kingston.gov.uk with the subject line 'SAB Newsletter'