



For adults with
learning disabilities



ZUMBA[®]
fitness

FREE
6 week
course!!

Set up in partnership with the Active Kingston Team, with huge thanks to the South of the Borough Neighbourhood Committee for funding this opportunity.



Zumba is a dance and fitness
class to Latin music!!

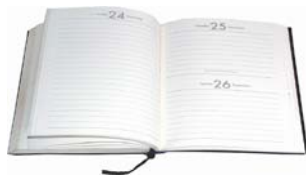


11:00



12:00

11am - 12pm



Fridays

12th January to 17th February



Hawker Centre

Lower Ham Road

Kingston, KT2 5BH

*** *Spaces are limited. You must book if you want to join* ***
Bookings will be on a first come, first served, basis.

Contact Sue Johnson
to book



020 8547 5212



Sue.Johnson@rbk.kingston.gov.uk