

Kingston Council Prevention Strategy Plan
26th Feb 2008 1pm at Bradbury.

25 in attendance.

Views and opinions

1) What is most important to you?

- More social centres like Bradbury
- More affordable services
- More support for independent advice teams
- Better transport
- Information about handyman services (make sure that contacts exist and given telephone numbers are correct)
- More support for short-term needs

2) What would help you to be more independent?

- See answers to question 1)
- More, easier to access information

3) What would help you to stay well?

- Places to help you keep fit, mentally and physically
- Places to socialise
- Regular access to health monitoring in the community (blood pressure checks etc)

4) How do you know what help you can have?

- Ring the council
- Ask GP
- Use internet (if possible, only limited number of people able to use online services)
- Ask Age Concern Kingston

5) Where would you like to go to find out what help you can get?

- GP
- Drop-in centres
- Social Services
- Church
- Well-advertised phone and computer services

6) Is there anything that stops you getting that help?

- Lack of promotion for available services
- Means and lack of finances
- Filling in complicated and lengthy forms (note the need for better advocacy)
- Mobility issues