

Teenage Pregnancy Care Pathway Plan for Professionals

Contacts

Family Planning Clinics

Thursdays 6.15-7.45pm:

- * Kingston Town Children's Centre: (020) 8481 0640
- * Central Surgery, Oakhill Medical Centre: (020) 8399 6622

Tuesdays 7 - 8.15pm:

- * Langley Medical, Oakhill Health Centre: 8390 9996

Tuesdays 4.30—7.30pm

- * The Churchill Medical Centre, Clifton Road, Kingston: 0844 499 7044

Ask your GP if they provide family planning services

KU19 Young People's Clinics

Free, confidential advice & Contraception for under 19s

@ Guildhall 1

High St, Kingston
Mondays 3.30-6.30pm

@ Hawks Road Clinic

Kingston KT1 3EW
Wednesdays 3.30—5pm

@ Surbiton YMCA

49 Victoria Road
Thursdays 3.30—6.30pm

@ Hook Centre

Hook Rd, Chessington
Email: ku19@kpct.nhs.uk
Tel: 020 8549 6323

The Wolverton Centre

"The Point" (under 18's)

Tues. 4pm-6pm

Free, confidential sexual health service. Includes STI testing & treatment, condoms and other methods of contraception.
Kingston Hospital, Galsworthy Road.
Call for other clinic times and appointments:
020 8974 9331

BPAS

BPAS provides unplanned pregnancy counselling and abortion treatment. They are sensitive, confidential and non judgemental. Self referral is possible. Nearly all the women they see have their treatment paid for by the NHS. For more information just call: 08457 30 40 30

Emergency Contraception

Did you know you can check the Getting It On website for your nearest local pharmacy that provides Free Emergency Contraception?

Check out

www.gettingiton.org.uk for your nearest participating pharmacy

www.gettingiton.org.uk

For up to date opening times and sexual health info. Worth checking for new or changing services.

"I think she might be pregnant"

For Initial Support and Information

Parent / Carer, Friend, Partner, School Nurse, G.P, Young People's Clinics, Trusted Teacher, Connexions, Youth Worker, Social Worker, Education Welfare Officer, Student Welfare
www.gettingiton.org.uk or www.younglavin.org.uk

Pregnancy Testing

KU19, Family Planning Clinics, GUM, Pharmacies, Home Test

Negative Result

Discussion about:
Result of pregnancy test, sexual relationships, future contraceptive needs, un/planned pregnancy?

Positive Result

How advanced is the pregnancy?

Arranging a Termination

Referrals can be made via Self Referral, G.P, KU19, Family Planning Clinics and GUM

Advice / Support:

Parent/Carer, Partner, School Nurse, Connexions, Social Worker

Continue with pregnancy

Register with G.P for Antenatal care & Book-in with Community Midwife

Support:

Parent/Carer, Partner, Connexions, Social Worker, Antenatal Classes.

Adoption / Fostering

Family Placement Team, Guildhall 1
020 8547 5004

Families Information Service

For a list of childminders trained to support young parents and information on Childcare, Education, Leisure Activities & Training/ Careers in Childcare. Call 020 8547 6582

Fassett Road/ Floating Support

Supported housing for mums age 16-22. Call 020 8546 5278. Floating support can be offered to young parents who need support maintaining their own tenancies. For more info e-mail - teenage.pregnancy@rbk.kingston.gov.uk Referral forms are also available online www.kingston.gov.uk

Dads n'Lads

£1.50 per family
Tuesday 10am-12pm
Chessington Children's Centre - 020 8397 6319
Saturday groups 10am-12pm
1st of month,
Surbiton Children's Centre, call 020 8547 6242
3rd of month,
The Mount School, Dickerage Lane, New Malden 020 8949 6065

Young Livin Bus

Free, confidential info on relationships and sex. There are free condoms, chlamydia & pregnancy testing available on the Youth Service bus in Kingston town (outside JD sports) 3:30-6pm Thursdays & Youth Centres (check your nearest centre's for days)

Parenthood - Options

Benefits and Housing

Connexions, Citizens Advice Bureau, Job Centre Plus, Homeless Assessments Team, Fassett Road, Floating Support.

Continuing, Education, Training or Employment

EMA (age 16-19)
Connexions (age 13-19)
Care To Learn (under 20)

Under 16's

Education Welfare and Connexions can help with continuing your learning.

Over 16's

Hillcroft College (over 19's)
Community & Family Learning
Adult Education
Further education colleges/ school sixth form

Support for young parents and baby

Parent/Carer, Partner, Midwife, Health Visitor, Connexions PA, Youth Worker, Antenatal and baby groups.

Teenage Pregnancy Team: Teenage.Pregnancy@rbk.kingston.gov.uk or 020 8547 5004

Website: www.kingston.gov.uk

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Contacts

Connexions can help with benefits, training, education & employment and refer you on for other support.

Argyll House, Brook St, Kingston
0844 678 0211

Surbiton Children's Centre

Alpha Road, Surbiton; 020 8547 6248.

Range of support for parents including: Antenatal Group -Wednesdays 12.00 - 1.30pm. Classes run for 6-7 weeks. (term time only) . Please contact Lisa Thefaut on: 020 8546 7711 x3033.

Care to Learn

Parents under 20 can apply for a grant of £175 per child per week (max) towards childcare and travel. Call 0845 60 222 60

Hillcroft College

For women 19 and over. Most students with low income/ on benefits get free courses. Call: 020 8399 2688