

# INSPIRE



(Inclusive Sport In Recreation & Exercise)



**Inspire** is open to anybody aged 8 to 80 with a disability and gives you the opportunity to play various sports such as: Athletics, Basketball, Cricket, Tennis plus more.

Please note sessions run **TERM TIME** only!



**Day**

**Mondays** (Fortnightly)

**Time**

**6.00pm to 8.00pm**

**Cost**

**£4.00** per session

**Where**

**Chessington Sports Centre,**  
Garrison Lane, Chessington KT9 2JS

**2011 Dates**

September: 19  
October: 3, 17 & 31  
November: 14 & 28  
December: 12

**2012 Dates**

January: 16 & 30  
February: 27  
March: 12 & 26  
April: 23  
May: 21  
June: 18  
July: 2 & 16

For more information about these sessions please contact  
The Active Kingston Team on **020 8547 5006** or email  
Sue Johnson: [sue.johnson@rbk.kingston.gov.uk](mailto:sue.johnson@rbk.kingston.gov.uk) or visit  
[www.kingston.gov.uk/sports](http://www.kingston.gov.uk/sports)

# Special Olympics

Surrey - Kingston Branch

Special Olympics are the country's largest provider of year-round sports training and competition programmes for children and adults with learning disabilities aged 8 to 80 years of age. In Kingston we have five sports sections & coming soon a **NEW canoe** section.

## Training Day

You must be a member of Special Olympics Surrey to access the training. Please note all sessions run fortnightly (Term Time Only, unless stated otherwise)



Special Olympics Surrey

Session Cost

**£4.00**  
per session



**Monday**

**Tuesday**

(Weekly all year round)

**Wednesday**

**Thursday**

**Sunday**

(Every 2nd Sunday of the Month)

**Chessington Sports Centre**

Garrison Lane,  
Chessington  
KT9 2JS

Time:  
6.00pm - 8.00pm

**Charrington Bowl,**

Kingston Road,  
Tolworth  
KT5 9PB

Time:  
7.00pm - 9.00pm

**Chessington Golf Club,**

Garrison Lane,  
Chessington  
KT9 2LW

Time:  
7.00pm - 8.00pm

**Kingsmeadow Athletics Stadium,**

Kingston Road,  
Kingston, KT1 3PB

Time:  
6.15pm - 8.15pm

**Aldershot Dry Ski Slope,**

Gallwey Road,  
Aldershot, Hants  
GU11 2DD

Time:  
10.00am - 12noon

	Sept 2011	Oct 2011	Nov 2011	Dec 2011	Jan 2012	Feb 2012	Mar 2012	April 2012	May 2012	June 2012	July 2012
<b>Boccia</b>	12 & 26	10	7 & 21	5	9 & 23	6 & 20	5 & 19	16 & 30	14 & 28	11 & 25	9
<b>Golf</b>	14 & 28	12	9 & 23	7	11 & 25	8 & 22	7 & 21	18	2 & 16 & 30	13 & 27	11
<b>Athletics</b>	15 & 29	13	10 & 24	8	12 & 26	9 & 23	8 & 22	19	3 & 17 & 31	14 & 28	12

For information on how to join Special Olympics Surrey please contact:

**Sue Frett** (Branch Secretary) on: **07786 448 922** or email: [specialolympicssurrey@googlemail.com](mailto:specialolympicssurrey@googlemail.com)

Visit our website: [www.sosurrey.org](http://www.sosurrey.org)