

Section 20

Where to look for more information

Almost every organisation mentioned in this Directory produces written information about the services they provide and many produce advice sheets and leaflets about a range of topics/issues. If you would like written information, please ask.

Here are a few examples of what written information is available from the Royal Borough of Kingston:

- **Adult Social Care** —A guide to services to help you stay independent, safe and well. A general guide to services for adults including details of all the residential and nursing homes registered in the Royal Borough of Kingston.

- **Leaflets list**—A list of all the leaflets produced by Adult Social Care, including 'Support for Carers'.

For a copy of these, please contact

Adult Social Care Publications

Telephone: 020 8547 6123

Email: ccs.publications@rbk.kingston.gov.uk

Website: www.kingston.gov.uk

- **Electronic A-Z Guide to Kingston**—providing information about all services in the borough from leisure to libraries, refuse to recycling
www.kingston.gov.uk/mykingston/find_it/atoz.htm

Other publications

- **Social Activities Guide for Older People**—Lists all social and luncheon clubs in the Royal Borough of Kingston. Further information is available from:
Website: www.ageconcernkingston.org.uk
Telephone: 020 8942 8256
- **NHS Kingston** produces a guide to health services in the local area. For a copy please contact:
Telephone: 020 020 8547 5535 or visit the website www.kingstonpct.nhs.uk/local-health-services

Carers' UK—provide information and advice for carers. To have a look at the information available visit www.carersuk.org/professionals/order-publications or telephone Carers Line on **0808 808 7777**.

Where to go for more information

Free Internet Access in your local area

If you do not have access to a computer, or would like some help, all the libraries in the Borough have computers for you to use. For more information contact your local library or drop in. If you wish to use the computer, you will need to take a form of identification with you.

One Stop Shop Neighbourhood Office

As well as the libraries and Guildhall complex in Kingston town centre, there is a one-stop-shop based in Chessington and Hook Community Centre, where you can simply drop in and find out about local services.