

Section 10

Information for Carers of People with HIV / AIDS

A wide range of different services are available locally. These services offer help and advice to people living with HIV and their carers.

Where can I go for help and advice?

**Wolverton Centre
for Sexual Health**

020 8934 2843

Based at Kingston Hospital, this service provides:

- Testing for HIV and sexually transmitted diseases;
- Treatment and monitoring of people with HIV;
- Advice and information about sexual health.

Sexual Health Screens and HIV tests clinics

Clinics are held Monday to Friday. Some are based on appointments only and others are where people can just walk in.

Certain times are set aside for gay or bi-sexual men and for under 19 year olds.

We recommend you ring to book an appointment or to check clinic times.

All new patients must be seen by a doctor or nurse first. If you would like more information, contact the **HIV Nurse Specialist** on **020 8547 6890/07970 995138**

Kingston HIV Services

020 8547 6360

020 8547 6361

There are two specialist HIV Social Workers within the Health & Disability Team who support, advise and provide information about services to people with HIV living in the borough and their families, friends and carers. This service is free and confidential.

You can telephone to arrange an appointment with one of the Social Workers or the Community Matron (HIV Nurse Specialist) on 020 8547 6890 / 07970 995 138. You may already know what you need, or you may just want to talk to someone about your situation and what help might be available.

Either way, if it is agreed that your situation is something that the HIV Services might be able to help you with, you can discuss what help you need and how that may be provided.

All telephone lines have a 24 hour answer-phone. This message service is confidential.

For details about some of the Community Care Services that are available (including charges that might apply) see, Section 4 or visit

www.kingston.gov.uk/communitycareservices

Help and advice from statutory and voluntary groups

There are many voluntary groups that provide information and support ranging from leaflets to drop-in services and telephone helplines. You can find out more about these from the HIV Services or the following organisations:

Sexual Healthline (National) 0800 567 123

24 hour helpline providing:

- information about issues relating to HIV, AIDS and other sexually transmitted diseases;
- advice about prevention/risks;
- details of places to go for HIV testing.

**African Families
Support Services**

020 8974 9993

Website: www.afss.org

Email: info@afss.org

Local organisation, providing advice, support and information to local African people.

African Positive Outlook 020 8546 1671

Website: www.krsapo.org

Email: info@krsapo.org

A wide range of support to people of African origin.

Terrence Higgins Trust 0845 122 1200

Website: www.tht.org.uk

Provides a signposting service for people with HIV and their carers regarding:

- counselling;
- advice and information;
- benefits advice;
- complementary therapies for people with HIV;
- volunteers and befriending schemes for people with HIV.

Other organisations may be able to help support people with HIV and their carers, ask the people you are in contact with about other help and support.

**South London HIV
Partnership**

0800 321 3263

info@slhp.org.uk

This service offers you and the person you care for the following free services

- help in finding the right services for you
- information and support about your health & treatment
- counselling
- support groups, where you can meet other people living with HIV
- advice about benefits, housing, immigration and more

Support groups

For information about other support contact the South London HIV Partnership, details above or:

Kingston HIV Services

020 8547 6360

Help and advice in an emergency

Police, Fire or Ambulance Service **999** or **112**

For health advice/emergency contact :

Community Matron (HIV) on

020 8547 6890

or **NHS Direct** on

0845 4647

For social advice/emergency, please contact the **Social Worker** in the Kingston HIV Team on

020 8547 6360

For urgent advice and support **out of hours** contact the Emergency Duty Social Worker on

020 8770 5000