

Section 10 Information for Carers of People with HIV / AIDS

A wide range of different services are available locally. These services offer help and advice to people living with HIV and their carers.

Where can I go for help and advice?

Wolverton Centre Office: **020 8934 2843**
for Sexual Health Appts: **020 8974 9331**

Based at Kingston Hospital, this service provides:

- Testing for HIV and sexually transmitted diseases;
- Treatment and monitoring of people with HIV;
- Advice and information about sexual health.

Sexual Health Screens and HIV tests clinics

Clinics are held Monday to Friday. Some are based on appointments only and others are where people can just walk in. Certain times are set aside for gay or bi-sexual men and for under 19 year olds.

We recommend you ring to book an appointment or to check clinic times.

All new patients must be seen by a doctor or nurse first.

If you would like more information, contact the **HIV Nurse Specialist** on **020 8547 6890/07970 995138**

Kingston HIV Services

020 8547 6360

020 8547 6361

There are two specialist HIV Social Workers within the Health & Disability Team who support, advise and provide information about services to people with HIV living in the borough and their families, friends and carers. This service is free and confidential.

You can telephone to arrange an appointment with one of the Social Workers or the Community Matron (HIV Nurse Specialist) on 020 8547 6890 / 07970 995 138. You may already know what you need, or you may just want to talk to someone about your situation and what help might be available.

Either way, if it is agreed that your situation is something that the HIV Services might be able to help you with, you can discuss what help you need and how that may be provided.

All telephone lines have a 24 hour answer-phone. This message service is confidential.

For details about some of the Community Care Services that are available (including charges that might apply) see, Section 4 or visit

www.kingston.gov.uk/communitycareservices

Help and advice from statutory and voluntary groups

There are many voluntary groups that provide information and support ranging from leaflets to drop-in services and telephone helplines. You can find out more about these from the HIV Services or the following organisations:

Sexual Healthline (National) 0800 567 123

24 hour helpline providing:

- information about issues relating to HIV, AIDS and other sexually transmitted diseases;
- advice about prevention/risks;
- details of places to go for HIV testing.

African Families Support Services 020 8974 9993
www.afss.org

Local organisation, providing advice, support and information to local African people.

African Community Involvement Association 020 8687 2400
www.acia-ok.org

Support and advice to African people with HIV.

African Outlook 020 8546 1671
Website: www.africanpositiveoutlook.org
Email: africanpositiveoutlook@yahoo.co.uk

A wide range of support to people of African origin.

Terrence Higgins Trust 0845 122 1200

Provides a signposting service for people with HIV and their carers regarding:

- counselling;
- advice and information;
- benefits advice;
- complementary therapies for people with HIV;
- volunteers and befriending schemes for people with HIV.

Other organisations may be able to help support people with HIV and their carers, ask the people you are in contact with about other help and support.

For health advice/emergency contact :

Community Matron (HIV) on **020 8547 6890**
or NHS Direct on **0845 4647**

Support groups

Positive Place **020 8694 9988**

Provides services for people who are HIV positive including a support group in Kingston.

African Community Involvement Association **020 8687 2400**
www.acia-ok.org

A monthly support group in Kingston for African people with HIV.

For information about new support groups contact:

Kingston HIV Services **020 8547 6360**

Help and advice in an emergency

To access fire, police and/or ambulance services in an emergency, contact **999**

For social advice/emergency, please contact the Social Worker in the Kingston HIV Team on **020 8547 6360**

For urgent advice and support out of hours contact the Emergency Duty Social Worker on **020 8770 5000**