

Your local voluntary organisations

Kingston Carers' Network (KCN) 020 3031 2757

Email: info@kingstoncarers.org.uk

Website: www.kingstoncarers.org.uk

The leading local carers organisation providing independent advice, information and support for anyone caring for a relative or friend in the Royal Borough of Kingston.

Age Concern Kingston (ACK) 020 8942 8256

Email: admin@ageconcernkingston.org

Website: www.ageconcernkingston.org

Provides advice, advocacy and support service for older people in the borough and their family and friends.

Kingston Mencap 020 8540 1399

Email: enquiries@kingstonmencap.co.uk

Website: www.kingstonmencap.co.uk

Supporting adults and children with a learning disability, their families, and their carers living in the borough.

Kingston Mental Health Carers' Forum 07983 063578

Email: info@kmhcf.org.uk

Website: www.kmhcf.org.uk

Offers advice to mental health carers and helps shape local services.

NB: These are just some examples of local organisations that could help or advise you as a carer, there are many more.

To find out more, contact Adult Social Care or Kingston / overleaf.

Your local statutory services

Adult Social Care

020 8547 5005

Text: 07797 806 521

Email: adults@rbk.kingston.gov.uk

Website: www.kingston.gov.uk/communitycareservices

Part of Kingston Council, Adult Social Care services are responsible for supporting adults who live in the Royal Borough of Kingston to keep their independence, stay safe and enjoy a reasonable quality of life. We may be able to offer you support if you are older and frail, are physically disabled or ill, have a sight or hearing impairment, have a mental illness, have a learning disability, have problems with drugs or alcohol or if you need help to look after a family member or friend.

Please contact us if you need support or advice for yourself, or if you are concerned about the welfare of another person.

Kingston *i*

020 8255 3335

Email: kingstoni@kva.org.uk

Website: www.kingston-i.org.uk

If you, or the person you care for, do not qualify for council support, we may be able to point you in the right direction where you can get support. The Kingston *i* is an information and advice service, which can be used as a directory for support services, organisations and activities in the borough.

Admiral Nurse

020 8296 1336

Email: Sybil.Sibanda@swlstg-tr.nhs.uk

Advice, support and information for carers of people with dementia.

Children Services

020 8547 5004

Info about services / support for disabled children & their carers