

Positive Activities in

The Royal Borough of Kingston upon Thames



Compiled by

The
**Families
Information**
service

For further information telephone

020 8547 5004

(hold for Family Information Services option)
or visit www.kingston.gov.uk

Kingston
Children & Young People's Trust
Making a Difference Together



The Families Information Service is now located at:-

**Room 16
Guildhall 1
High Street
Kingston
KT1 1EU**

However if you would like to pop in and see us please ring and make an appointment first.

You may have received your list in a small booklet style. We are using this format to reduce paper and postage costs. If you have any comments or would like to receive a version with larger print please contact us.



EnhanceAble Children's Services are here to support you and your family in a wide range of areas surrounding childhood disability and additional need.

Never feel alone and never be afraid to ask for support.

We can offer advice and support on:

Childhood Disability Benefits

Education

Support Groups

Leisure Activities

Blue Badges

**Contact us on
020 8547 6200**

**children@enhanceable.org
www.enhanceable.org**



Want to do something valuable?

We need full-time foster carers with parenting or child care experience

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www.kingston.gov.uk/fostering

020 8547 6042/5004

Kingston Fostering Team

We will value your skills

Kingston
Children & Young People's Trust
Making a Difference Together



Positive Activities – for young people aged 13 – 19

The Families Information Service (FIS) offers free information, advice and guidance to parents to be, parents, carers and professionals across the borough. We also offer information on services for families that run throughout the borough and the new Family Service Directory (FSD) is another method of sharing information.

Things to do – places to go. There are lots of things to do around Kingston and in your local area to enable you to be creative, get involved in different activities and sports or just chill out with your friends. You'll have fun, meet new friends and get some new skills and experiences.

In addition to the information in the directory visit www.younglavin.org.uk – the website for young people in Kingston, for up to date information on new and 'one off' events, gigs and activities.

4 U - Factor

Tolworth Recreation Centre Fullers Way North

Surbiton Surrey KT6 7LQ

Tel: **07754 148 239** Email: fionanugent@dcleisure.co.uk Website:

Age range (From): **13 to** Age range (To):**16**

Availability:

Cost per session: **£**

Other Info:

A brand new session for 13-16 year olds to enjoy using the gym and classes as well as learning how to live a healthy lifestyle. Sessions run for 12 weeks and include information about food and ways to get the balance right. Call us now if you are ready to get fit and try out new and exciting activities. courses start Monday 20th September.

Active Autism

Fulham Football Club Training Ground Motspur Park

New Malden Surrey KT3 6PT

Tel: **020 8336 7542** Email: anippard@fulhamfc.com Website:

Age range (From): **6 to** Age range (To):**15**

Availability: **Weekends**

Cost per session: **£**

Other Info:

The Active Autism program provides regular weekend activity for young people with Autism and has seen increased levels of confidence, social interaction, concentration and health in the participants since its foundation.

The project has seen the creation of the “Fulham Autistic Boys” team (FAB) who participate monthly in the Surrey Primary League, a disability specific league delivered by the Surrey FA. FAB currently run two sides, an under 12's team and an under 16's, which provide additional experiences to the young people, including teamwork, leadership and communication.

The project runs two separate sessions on Saturday mornings, the first session for children under 10, runs from 09.00–09.30, and is followed by a session running 10.00–12.00 for children who are older.

Albany Park Youth Club

Albany Park Canoe & Sailing Centre Albany Mews

Kingston Upon Thames Surrey KT2 5SL

Tel: **020 8549 3066** Email: albanyparksb@rbk.kingston.gov.uk Website: www.albanypark.co.uk

Age range (From): **12 to** Age range (To):**19**

Availability: **All Year**

Cost per session: **£2.00**

Other Info:

Weekly Youth Club for ages 12-16 covering many outdoor and watersports activities. Drop in - open to all. Must be confident in water. Times shown are estimated, depends on seasonal changes, see website for details. RYA and BCU accreditations.

Barnfield Music Project

Barnfield Youth Centre Parkfields Road

Kingston Upon Thames Surrey KT2 5LL

Tel: **020 8547 6786** Email: helen.terry@rbk.kingston.gov.uk Website: www.younglivin.org.uk/barnfield

Age range (From): **13 to** Age range (To):**19**

Availability: **Term Times**

Cost per session: **£**

Other Info:

This project gives young people the opportunity to meet with other musicians or those with an interest in music and access rehearsal space. Rehearsal studio with drum kits and guitars are provided.

Capoeira

Kingston College, The Arena Kingston Hall Road

Kingston Upon Thames Surrey KT1 2AQ

Tel: **07931 770 153** Email: marcusabeca@axecapoeirauk.com Website: www.axecapoeirauk.com

Age range (From): **11 to** Age range (To):**19**

Availability: **Term Times**

Cost per session: **£**

Other Info:

Capoeira is a diverse combination of game, martial arts, music, dance and acrobatics that was created by the African slaves in Brazil sometime after the sixteenth century.

When playing Capoeira, participants form a circle and take turns playing traditional African instruments such as the Bermibau, singing, or sparing in pairs in the centre of the circle.

Capoeirista's believe that the roda - the place where Capoeira is played, symbolises the world and that when inside that circle everything is equal - all you have is your body, mind and soul!

We aim to engage the community in celebrating cultural diversity, explored through the music, physical expression and art form inherent in Capoeira. Our members believe that in learning Capoeira, individuals will

- **build their confidence**
- **improve their coordination**
- **learn the meaning of mutual respect.**

Club 1316 Gym Sessions

Ymca 49 Victoria Road

Surbiton Surrey KT6 4NG

Tel: **0208 3900148** Email: info.surbiton@kwymca.org.uk Website: www.ymcalsw.org

Age range (From): **13 to** Age range (To):**16**

Availability: **All Year**

Cost per session: **£3.20**

Other Info:

Too young to join a gym? 13 - 16 year olds can use the gyms at YMCA South West centres safely and effectively by joining Club 1316. Work out for only £3.20 a session (after a one off induction fee of £15), supervised by a fitness instructor.

For more information, visit your local YMCA South West centre or visit www.ymcalsw.org. Parental consent and a passport photo required.

Deaf Football - Fulham Fc

Fulham Football Club Training Ground Motspur Park

New Malden Surrey KT3 6PT

Tel: **020 8336 7542** Email: anippard@fulhamfc.com Website:

Age range (From): **to** Age range (To):

Availability: **Term Times**

Cost per session: **£**

Other Info:

Today, Fulham DFC are the largest deaf football club in Great Britain, boasting two squads for the men, a ladies squad and two youth squads. The club is deaf led, and is run by a committee of volunteers, operating under the umbrella of the Fulham FC Foundation

Training is held between 19.00pm - 21.00pm, please call Andrew Nippard for more information

Devon Way Open Club

The Devon Way Centre Devon Way

Chessington Surrey KT9 2RJ

Tel: **020 8547 6796** Email: dora.loizou@rbk.kingston.gov.uk Website: www.younglivin.org.uk/devonway

Age range (From): **11 to** Age range (To):**19**

Availability: **All Year**

Cost per session: **£**

Other Info:

Open club giving young people the opportunity to get involved with art, cooking and sport, discussions workshop. All are welcome.

Free Service

Drama Group

United Reformed Church Richard Mayo Centre Eden Street

Kingston Upon Thames Surrey KT1 1HZ

Tel: **0208 949 5183** Email: info@yadapa.com Website: www.yadapa.com

Age range (From): **13 to** Age range (To):**19**

Availability: **All Year**

Cost per session: **£**

Other Info:

Yadapa is a local charity working with young disabled people who live or are educated in the Royal Borough of Kingston upon Thames. This drama club is for young people with disabilities aged between 13-19 years. We are currently looking for new member, please contact Fran O'Brien at Yadapa for more information or to become a member

Drug Misuse

Royal Borough Of Kingston Upon Thames, Guildhall 2 High Street

Kingston Upon Thames Surrey KT1 1EU

Tel: **020 8547 6954** Email: id@rbk.kingston.gov.uk/lynn.lock@rbk.kingston.gov.uk Website:

Age range (From): **13 to** Age range (To):**19**

Availability: **All Year**

Cost per session: **£**

Other Info:

A young people's substance misuse team based throughout the Borough of Kingston. It is a multi-disciplinary team comprised of specialist; alcohol workers, social workers, youth workers and a nurse. The aim of ID is to provide an accessible, needs led substance misuse service providing support, advice and training for all professionals and specialised interventions for young people. These include; alcohol focused work, information and advice for parents and carers, comprehensive assessment, health promotion and harm reduction, information and advice, street outreach, smoking cessation, access to detoxification, key working, school drop ins, 1-1 and group work.

Free service

Duke Of Edinburgh's Award

Doris Venner Youth & Community Centre The Manor Drive

Worcester Park Surrey KT4 7LG

Tel: **020 8330 2805** Email: jamie.foster@rbk.kingston.gov.uk Website: www.younglivin.org.uk/dofe

Age range (From): **14 to** Age range (To):**19**

Availability: **All Year**

Cost per session: **£**

Other Info:

Based at the Venner Youth Centre, the Open award offers all three levels of the award (Bronze, Silver and Gold) throughout the year for any young people that live or attend school in Kingston upon thames We also offer expeditions for all three levels.

Fab Club

The Devon Way Centre Devon Way

Chessington Surrey KT9 2RJ

Tel: **020 8547 5815** Email: sallyglossop@ntlworld.com Website: www.younglivin.org.uk/devonway

Age range (From): **8 to** Age range (To):**21**

Availability: **Term Times**

Cost per session: **£4.00**

Other Info:

**We are a totally inclusive club for children and young people regardless of ability. Members who attend have a wide variety of special needs. We provide a programme that is jam packed full of fun activities. Please remember a packed lunch unless it says otherwise
Cost as above but extra for days out.**

Football Coaching And Playing

Alexandra Recreation Ground King Charles Road

Surbiton Surrey KT5 9BE

Tel: **020 8547 0566** Email: debbie.garden@oxygen-online.org Website: www.oxygen-online.org

Age range (From): **11 to** Age range (To):**16**

Availability: **Term Times**

Cost per session: **£**

Other Info:

Football coaching and playing games. In association with KICK London, play for life

Friday Night Youth Circus

Hollyfield Secondary School Surbiton Hill Road

Surbiton Surrey KT6 4TU

Tel: **07984 017 223** Email: mail@circussuburbia.co.uk Website:

Age range (From): **11 to** Age range (To):**16**

Availability: **Term Times**

Cost per session: **£ 85.00**

Other Info:

10 week challenge to learn contemporary circus skills and perform at public events throughout the borough.

Entrance to this course through Lambert Road Entrance

Friday Nights At The Basement

St Peters Church London Road

Kingston Upon Thames Surrey KT2 6QL

Tel: **020 8547 0566** Email: debbie.garden@oxygen-online.org Website: www.oxygen-online.org

Age range (From): **12 to** Age range (To):**19**

Availability: **Term Times**

Cost per session: **£**

Other Info:

The basement is a cafe, music venue, recording studio and Wifi spot. It is a safe place to be, alcohol free and is open to all 12-19 year olds. The cafe is also open in the week as a youth cafe Mon-Thur. Tthe cafe is free during the week and most Fridays but there are occasional charges for tickets for events.

Free service

Genesis Gym Club

Chessington Sports Centre Garrison Lane

Chessington Surrey KT9 2JS

Tel: **020 8224 2037** Email: chessington.sports@rbksch.org Website: www.chessingtonsportscentre.co.uk

Age range (From): **4 to** Age range (To):**19**

Availability: **Term Times**

Cost per session: **£4.80**

Other Info:

Please call centre for timetable and details.

Genesis Youth Group

Surbiton Hill Methodist Church 39 Ewell Road

Surbiton Surrey KT6 6AF

Tel: **07806 559 852** Email: Website:

Age range (From): **11 to** Age range (To):**16**

Availability: **Term Times**

Cost per session: **£**

Other Info:

Wednesday Fidgets is a group for 11+ year olds. We have fun playing sport, crazy games and enjoying food together. We also have occasional outings.

This is a faith based youth club. For more details please visit www.younglivin.org.uk

Free service

Gettingiton - The Website

Tel: Email: Website: www.gettingiton.org.uk

Age range (From): **13 to** Age range (To):**19**

Availability: **All Year**

Cost per session: **£**

Other Info:

Gettingiton is a sexual health website for young people in South West London. This website allows young people to search for sexual health services in their area, learn about your own sexual health, have your questions answered and hear advice on sexuality, contraception and pregnancy.

Gina Van Dyke Stage School

Gina Van Dyke Dance Studios Fairmead

Surbiton Surrey KT5 9BA

Tel: **020 8399 9429** Email: **ginavan33@live.co.uk** Website:

Age range (From): **1 to** Age range (To):**19**

Availability: **Weekends** **Afternoons**

Cost per session: **£6.00**

Other Info:

Dance and theatrecraft classes for children of all ages. Ballet, Tap, modern and freestyle dance. Singing and musical theatre.

Inspire (Inclusive Sport In Recreation & Exercise)

Chessington Sports Centre Garrison Lane

Chessington Surrey KT9 2JS

Tel: **020 8547 5212** Email: **sue.johnson@rbk.kingston.gov.uk** Website:

Age range (From): **8 to** Age range (To):**80**

Availability: **Term Times**

Cost per session: **£3.00**

Other Info:

INSPIRE (Inclusive Sportini Recreation & Exercise) is open to anybody aged 8 - 80 with a disability and gives you the opportunity to play varioud sports such as Basketball, Boccia, Cricket, short tennis plus much more.

This group runs Mondays, fortnightly and term time only.

Instrumental Music Lessons

The Dukes Centre Dukes Avenue

Kingston Upon Thames Surrey KT2 5QY

Tel: **020 8547 5050** Email: **musicservice@rbk.kingston.gov.uk** Website:

Age range (From): **6 to** Age range (To):**18**

Availability: **Weekends** **Term Times**

Cost per session: **£55.00**

Other Info:

Kingston Music and Arts Service offers affordable individual and small group music lessons using a variety of musical instruments. These lessons are based in a variety of schools and centres throughout the borough. Visit our website for further details.

International Youth Arts Festival (IYAF)

Royal Borough Of Kingston Upon Thames, Guildhall 2 High Street

Kingston Upon Thames Surrey KT1 1EU

Tel: Email: Cassidy@iyafestival.org.uk Website:

Age range (From): **13 to** Age range (To):**19**

Availability: **All Year**

Cost per session: **£**

Other Info:

The third International Youth Arts Festival (IYAF) will be lighting up the whole of Kingston in a blaze of brilliant colour, talent and activity – from all over the world from 1-18 July 2011. The festival represents performance of the highest calibre selected from Kingston, the UK and abroad.

The festival is created and produced by young people, giving young people opportunities not only as performers, but as event managers, producers, creators and innovators ensuring young people have the best possible opportunity to have successful arts careers. IYAF actively encourages applications that are led by young people.

Kickz @ Richard Challoner

Richard Challoner Secondary School Manor Drive North

New Malden Surrey KT3 5PE

Tel: **07789 786 700** Email: kickz@fulhamfc.com Website:

Age range (From): **12 to** Age range (To):**18**

Availability: **All Year**

Cost per session: **£**

Other Info:

**Are you aged between 12 to 18 and get a kick out of playing and watching football?
Come along to Fulham FC's Kickz Scheme. All sessions are free and open to boys and girls.**

Kickz will give you the opportunity to

Train with professional football coaches

Play matches and represent Fulham FC Kickz

Learn and develop new skills and abilities

Make friends and have fun

Get fit and healthy

Visit Fulham FC

**If this sounds interesting get your application and consent form from Fulham FC community Sports Trust,
The training Ground, Motspur Park, New Malden, KT3 5PE**

Kids Church @ Community Church

Surbiton Assembly Rooms 138 Maple Road

Surbiton Surrey KT6 4RT

Tel: **020 8391 1100** Email: office@community-church.org.uk Website:

Age range (From): **1 to** Age range (To):**18**

Availability: **Term Times**

Cost per session: **£**

Other Info:

**Based at the Assembly Rooms in Maple Road, Surbiton, this is a fun, lively Church Service for all ages;
groups for children - youths during the morning (Ages 1 - 18)**

All Welcome

Lifts for buggies, wheelchairs and those not able to manage stairs.

Contact either Judy or Jenni @community-church.org.uk

Kingston Prince's Trust

Searchlight Youth and Community Centre Kingston Road

New Malden Surrey KT3 3RX

Tel: **0208 974 8494** Email: **kingston.pt@south-thames.ac.uk** Website:

Age range (From): **16 to** Age range (To):**25**

Availability:

Cost per session: **£**

Other Info:

The Prince's Trust is a 12 week personal development programme for young people aged 16 - 25. Teams usually consists of about 15 members. It is designed to give young people experiences that they can use to reflect upon and improve their employability skills, gaining in the process a City and Guilds Certificate in Personal Development and Contributing to the Community.

The Princes Trust Team Programme aims to re-engage young people, helping them to think about their futures. Over 70% of unemployed participants go on to jobs, education or training.

Kingston Youth Council

Devon Way Centre Devon Way

Chessington Surrey KT9 2RJ

Tel: **020 8547 6788** Email: **Graham.mann-smith@rbk.kingston.gov.uk** Website: **www.younglivin.org.uk/kyc**

Age range (From): **13 to** Age range (To):**19**

Availability:

Cost per session: **£**

Other Info:

KYC is a group of young people aged 13-19 years old who want to make a difference in Kingston and have a say in what goes on in Kingston. We campaign for better services and provisions for Kingston's young people.

We meet twice a month to report back and work on arranging campaigns and events. You will meet new people from Kingston and across London and the UK, learn new skills and have some great stuff on your CV.

•Monthly formal Meeting normally first Tuesday of Month at Guildhall 1

•Workshop to work on issues etc. normally on subsequent Tuesdays at Guildhall One from 6.30 p.m.

Kingston Youth Music Groups

The Dukes Centre Dukes Avenue

Kingston Upon Thames Surrey KT2 5QY

Tel: **020 8547 5050** Email: **musicservice@rbk.kingston.gov.uk** Website:

Age range (From): **7 to** Age range (To):**18**

Availability: **Term Times** **Weekends**

Cost per session: **£ 50.00**

Other Info:

Kingston Music and Arts Service run a number of youth music groups after school and at weekends.

Classes and tutorials are held in various centres across the borough, including Tolworth Girls and Fern Hill schools.

Please check website for more information about class options. All children in attendance must play a musical instrument.

Kingston Youth Support Service

Royal Borough Of Kingston Upon Thames, Guildhall 1 Room 205 2 High Street

Kingston Upon Thames Surrey KT1 1EU

Tel: **020 8547 5815** Email: youthservice@rbk.kingston.gov.uk Website: www.younglivin.org.uk / www.kingston.gov.uk/youth

Age range (From): **11** to Age range (To):**25**

Availability: **Term Times** **Evenings**

Cost per session: **£**

Other Info:

The Kingston Youth Service aims to empower and optimise the potential of young people between the ages of 11 to 25, with the priority age range of 13 to 19.

This is achieved by providing a wide range of activities, workshops and projects at various centres and venues across the borough, as well as trips and residential to other areas.

Young people are involved in all aspects of shaping and planning the service and have the opportunity of gaining new skills and accredited outcomes whilst having a good time.

Most activities are free but there may be a small charge for some offsite activities.

Kingsnympton Senior Open Club

Kingsnympton Youth and Community Centre Kingsnympton Park Estate

Kingston KT2 7RR

Tel: **020 8547 6781** Email: matthew.angell@rbk.kingston.gov.uk Website: www.younglivin.org.uk/kingsnympton

Age range (From): **13** to Age range (To):**19**

Availability: **Term Times**

Cost per session: **£**

Other Info:

Open club activity for young people aged between 13 and 19 years old on Wednesdays from 6.30-9.30pm.

Young people have the opportunity to participate in various youth club and sporting activities such as pool, table tennis, football, basketball, badminton, volleyball etc. We have a computer room with internet capabilities. We also run issue based workshops on relevant subjects affecting young people's lives.

Free Service

Kite Leisure Group

Devon Way Centre Devon Way

Chessington Surrey KT9 2RJ

Tel: **07984 572 480** Email: kite@enhanceable.org Website:

Age range (From): **11** to Age range (To):**18**

Availability: **Afternoons**

Cost per session: **£**

Other Info:

EnhanceAble have a leisure group for young people and those with Asperger's Syndrome. The groups are held monthly and after school. Please contact Natalie at EnhanceAble for more information

Lesbian, Gay And Bisexual Youth Project

Tel: **020 8547 6794** Email: Helen.terry@rbk.kingston.gov.uk Website:

Age range (From): **13 to** Age range (To):**19**

Availability: **All Year**

Cost per session: **£**

Other Info:

The LGB project for 13-19 year olds aimed exclusively for LGB teenagers and those questioning their sexuality. Time and location of project will be revealed once a referral interview has taken place.

Mark Janes Golf Academy After School Clubs

Golf Centre Chessington Garrison Lane

Chessington Surrey KT9 2LW

Tel: **020 8391 9038** Email: oli@markjanes.com Website: www.markjanes.com

Age range (From): **5 to** Age range (To):**18**

Availability: **Term Times Weekdays**

Cost per session: **£**

Other Info:

There is something for every junior at The Mark Janes GOLF ACADEMY. If you are new to golf and want a taste of what we do, then try one of our roll up groups. For those who have a bit more experience and are looking for a structured course, why not join our Superstars Club. There are various group lessons all week, private individual lessons and holiday camps every school holiday and half term.

Our holiday camps are open to everyone to enjoy when school is out. Our junior coaching is based on a long term athlete development model ensuring that players of all abilities can reach their potential in a safe, fun learning environment.

Police Cadets

Territorial Army T A Centre Portsmouth Road

Kingston Upon Thames Surrey KT1 2QX

Tel: **0208 247 5603 / 0208 247 5604** Email: Website: www.met.police.uk

Age range (From): **14 to** Age range (To):**19**

Availability: **All Year**

Cost per session: **£**

Other Info:

Metropolitan Police Volunteer Police Cadets (VPC) is open to young people aged 14-19 years. Cadets are drawn from all parts of society including referrals from Child Protection and Youth Offending Teams, and get to work with police officers, police staff, police community support officers, special constables and volunteers.

Cadet Units meet once a week in their local area. Meetings usually include drill/inspection, some sort of physical activity, a guest speaker or input on a police related topic as part of an ongoing training programme. Cadet Units involve themselves in other activities at weekends and in school holidays and this may include going away on camps. Various Cadet Competitions are also held during the year, which test the skills developed within the VPC Units. Please contact the Youth Involvement Team at Kingston Police Station.

Royal Kingston Scout District

Tel: **020 8398 3846** Email: michaelfarnon@msn.com Website: www.royalkingstonscouts.org.uk

Age range (From): **18 to** Age range (To):**25**

Availability: **All Year**

Cost per session: **£5.00**

Other Info:

Welcome to the Royal Kingston Scout District. If you are aged over 5 yrs 3/4 then why not join the other seventeen hundred boys, girls, men and women who are already members of Royal Kingston District Scouts.

Scouting offers a varied program that develops the young people of our borough. The district has 17 scout groups and 9 Explorer Scout units spread throughout the borough; including Beavers, Cubs, Network and Fellowship.

Times and dates vary per group and age group, please contact for more details.

Ru Thinking?

Tel: **0800 28 29 30** Email: Website: www.ruthinking.co.uk

Age range (From): **13 to** Age range (To):**19**

Availability: **All Year**

Cost per session: **£**

Other Info:

Are you ready for sex? Where can you get contraception or free condoms? Is your body normal? What should you do if a condom splits? And what about infections?

This is the site to have your questions answered.

Save The World Club

Kingston Environment Centre Fairfield East

Kingston Upon Thames Surrey KT1 2PT

Tel: **020 8974 8608** Email: info@savetheworldclub.org Website:

Age range (From): **13 to** Age range (To):**19**

Availability: **Term Times**

Cost per session: **£2.00**

Other Info:

Learn how to make mosaics! Come and learn a new skill from scratch. Easy, colourful artistic and fun. See your work in town afterwards. Other activities include various environmental, holiday and after school activities, including music and arts.

This is a drop in session but first timers are advised to call Kim Porelli first.

School Lane Youth Club

School Lane Youth Club School Lane

Surbiton Surrey KT6 7QJ

Tel: **020 8547 6791** Email: nikki.king@rbk.kingston.gov.uk Website: www.younglivin.org.uk/school_lane

Age range (From): **12 to** Age range (To):**18**

Availability: **Term Times**

Cost per session: **£0.50**

Other Info:

School Lane is a friendly youth centre with facilities including pool, table tennis, kitchen, computers with internet access. Young people help to design a termly programme including discussions, activities, sports, cooking, and occasional trips. The youth club runs from 6.30-9.00pm on Tuesday evenings.

Costs: £0.50 per session subs used directly for activities and resources

Searchlight Inters

New Searchlight Youth Club Kingston Road

New Malden Surrey KT3 3RX

Tel: **0208 547 6785** Email: gary.weston@rbk.kingston.gov.uk Website: www.younglivin.org.uk/searchlight

Age range (From): **13 to** Age range (To):**19**

Availability: **Term Times**

Cost per session: **£**

Other Info:

Studio access, IT suite, gym area and workshops relevant to young people's issues. Each session can be adapted depending on the needs of the young person. We also have wheelchair access.

Searchlight Junior Club

New Searchlight Youth Club Kingston Road

New Malden Surrey KT3 3RX

Tel: **0208 547 6785** Email: gary.weston@rbk.kingston.gov.uk Website: www.younglivin.org.uk/searchlight

Age range (From): **8 to** Age range (To):**11**

Availability: **Term Times School Holidays**

Cost per session: **£**

Other Info:

General information, advice and guidance for children aged 8-12. Studio access, IT suite, gym area and workshops relevant to young people's issues. Each session can be adapted depending on the needs of the young person. We also have wheelchair access.

Seiki Juku Karate Do-Kingston

62 Gibbon Road

Kingston Upon Thames Surrey KT2 6AB

Tel: **07940 551 906** Email: info@seikijukukarate.com Website: www.seikijukukarate.com

Age range (From): **5 to** Age range (To):**20**

Availability: **All Year**

Cost per session: **£**

Other Info:

Traditional Japanese Karate and Self Defence.

Come and join beginners start from 5 years old. Families welcome, come and learn self defence and keep fit.

This information was correct as of January 2010.

Senior Girl Guides

Headquarters, The Guide Association 17-19 Buckingham Palace Road

London SW1W 0PT

Tel: **0800 169 5901** Email: joinus@girlguiding.org.uk Website: www.girlguiding.org.uk

Age range (From): **14 to** Age range (To):**25**

Availability: **All Year**

Cost per session: **£**

Other Info:

The senior section offers an exciting and flexible programme with a huge variety of challenges and opportunities for personal development.

The Look Wider programme offers a range of activities and challenges and motivates members to try out new things – it could be learning a language, playing a musical instrument, running a marathon, camping in the wilds or volunteering overseas. It is flexible and participants can take their chosen activities as far as they wish, from taster level all the way to gaining a qualification that is recognised outside guiding.

Please contact for more information on your local group.

Sharxx (Sexual Health & Relationships)

Tel: **020 8547 6793** Email: greg.cheetham@rbk.kingston.gov.uk Website: www.younglivin.org.uk

Age range (From): **13 to** Age range (To):**19**

Availability: **Term Times**

Cost per session: **£**

Other Info:

This service is a drop in service for young people 13-19 years old to gain information, advice and guidance on sexual health issues. There is also a condom distribution service via the C-Card scheme. This service is run from the younglivin bus on Church Street/ Memorial Square, Kingston, outside Accessorize/ J.D. Sports. This service runs every Thursday 3.30pm – 6pm (except school holidays).

Shine Youth Theatre

Christ Church C Of E Primary School Elm Road

New Malden Surrey KT3 3HN

Tel: **07734 662 315** Email: **debbiecoulston@hotmail.co.uk** Website: **www.shineyouththeatre.com**

Age range (From): **8 to** Age range (To):**16**

Availability: **Weekends**

Cost per session: **£12.00**

Other Info:

Shine is a youth theatre that welcomes young people who are passionate about performance. We have two age groups that do an hour of dance and an hour of drama every week exploring different styles of dance, scripts, mime, improvisation and much more.... We work towards performances at the end of each term and we are always ready to welcome new members. Run by experienced teachers.

Sixth Form Mentoring Project

Age Concern 14 Nelson Road

New Malden Surrey KT3 5EA

Tel: **020 8942 8256** Email: Website:

Age range (From): **16 to** Age range (To):**19**

Availability: **Term Times**

Cost per session: **£**

Other Info:

Sixth Form Mentoring Project provides unique support for young people by Age Concern's intergrational project volunteers.

Please contact the school directly to find out if there is support in your school, alternatively you can contact Sheila for more information.

Free service

Sparkles @ Kingston College

Kingston College Kingston Hall Road

Kingston Upon Thames Surrey KT1 2AQ

Tel: **020 8546 2151** Email: **info@kingston-college.ac.uk** Website:

Age range (From): **13 to** Age range (To):**19**

Availability: **Term Times**

Cost per session: **£**

Other Info:

If you are aged 13-19 and live or study in Kingston, Merton or Sutton, you could join Sparkle.

Sparkle gives you the chance to learn how to sing, dance and make music, the opportunity to display your talents as part of professionally staged shows and events or work backstage or on lights and sounds.

St Fuel Youth Cafe

Fountain Youth Club 1 Kingston Road

New Malden Surrey KT3 3PE

Tel: **020 8547 6791** Email: nikki.king@rbk.kingston.gov.uk Website: www.younglivin.org.uk/youthcafe

Age range (From): **13 to** Age range (To):**19**

Availability: **All Year**

Cost per session: **£**

Other Info:

Young people working towards developing a youth cafe in Kingston town centre. The group is involved in decision making, planning and fundraising, including organising fundraising events. There s the chance to work towards AQA qualifications in any of the above. This could be accredited towards your DofE award. This group is run on alternate Friday evenings, please call for your next meeting.

Stage Right Studios

Centre Hall Richard Mayo Centre Eden Street

Kingston Upon Thames Surrey KT1 1HZ

Tel: Email: karen@stagerightstudios.co.uk Website: www.stagerightstudios.co.uk

Age range (From): **2 to** Age range (To):**25**

Availability: **All Year**

Cost per session: **£**

Other Info:

At Stage Right Studios we offer performing arts training for all ages and abilities. Our timetable provides regular dance and speech and drama classes for children aged 2.5 years old and upwards to adult experienced dancers or performers.

We believe in providing technique training and performance opportunities - whatever your background, beginner to experienced, we can provide training for you.

We will always employ teaching staff with experience and qualifications appropriate to the levels and techniques being taught. We will ensure that students and their families receive or have access to necessary advice and guidance at all times. We also offer private tuition for dance, drama and speech Call us for more information or an application form.

Stagecoach - Kingston And Surbiton

23 Rivermead

East Molesey Surrey KT8 9AZ

Tel: **020 8873 7140** Email: Website:

Age range (From): **4 to** Age range (To):**18**

Availability:

Cost per session: **£ 159.00**

Other Info:

At Stagecoach, we have an outstanding team of teachers, all of them with professional careers in the performing arts industry. We pride ourselves on having an extremely diverse range students from a wide range of cultural backgrounds.

Costs are per term and can start from £159-£318, please call Ali Manuel for location information.

Stagecoach - New Malden

Coombe Hill Junior School Coombe Lane West

Kingston Upon Thames Surrey KT2 7DD

Tel: **020 8540 7791** Email: Website:

Age range (From): **7 to** Age range (To):**19**

Availability: **Term Times**

Cost per session: **£ 157.50**

Other Info:

At Stagecoach New Malden, we have an outstanding team of teachers, all of them with professional careers in the performing arts industry. We pride ourselves on having an extremely diverse range students from a wide range of cultural backgrounds.

Costs are per term and can start from £157.50 and classes are based at Coombe Hill infants School

Tag Youth Club

The Devon Way Centre Devon Way

Chessington Surrey KT9 2RJ

Tel: **07793 316 123** Email: debbie.mann@rbk.kingston.gov.uk Website: www.younglivin.org.uk/devonway

Age range (From): **16 to** Age range (To):**25**

Availability: **Term Times**

Cost per session: **£**

Other Info:

TAG youth club is run on Friday during term times from 7.30-9.30pm. Please contact Debbie Mann for more information or about becoming a member.

Tags - Teenage Advice And Guidance Service

Tel: Email: helen.terry@rbk.kingston.gov.uk Website: www.younglivin.org.uk/tags

Age range (From): **13 to** Age range (To):**19**

Availability: **All Year**

Cost per session: **£**

Other Info:

Information, advice or guidance for young people working, living or educated in Kingston in a friendly, relaxed atmosphere given by experienced youth workers. The teenage advice and guidance service runs every Tuesday from 3.30pm - 6.00pm (except school holidays) and on the first and second Saturday of the month from 12pm – 2.30pm (except school holidays). This service is run from the YoungLivin' Bus on Church Street/ Memorial Square , Kingston, outside Accessorize/ J.D. Sports

The Fountain Youth Club

Fountain Youth Club 1 Kingston Road

New Malden Surrey KT3 3PE

Tel: **020 8547 6784** Email: francis.taylor@rbk.kingston.gov.uk Website: www.younglivin.org.uk

Age range (From): **13 to** Age range (To):**19**

Availability: **All Year**

Cost per session: **£**

Other Info:

Fountain is a well-attended youth club, attended by a variety of young people aged 13-19 from diverse social, cultural and religious backgrounds. Contact Fran Taylor for more information about our Thursday open club drop in which runs from 6.30-9pm. The youth club provides a warm, non-judgemental and safe environment for all people to socialise, find new friends and participate in different activities and outings. Young people are able to use the internet, do some cooking, play table tennis, socialise play pool and PS3 and are also able to support one another and receive support, advice and information whilst having fun at the same time. This club is inclusive, depending on the disability or special need.

Tribe

St Matthews C Of E Primary School Langley Road

Surbiton Surrey KT6 6LW

Tel: **020 8391 1100** Email: jenni@community-church.org.uk Website:

Age range (From): **13 to** Age range (To):**16**

Availability: **Term Times**

Cost per session: **£**

Other Info:

Tribe is a group run by the Community Church, Surbiton. We play games, eat food, chill-and-chat about different issues that affect your day-to-day life. If you are aged 13 - 16 you are welcome to come and join us.

We will always seek to welcome and include every young person. Some of the games may be difficult for people with disabilities. We are a church run group.

Xpression Youth Project

Searchlight Kingston Road

New Malden Surrey KT3 3RX

Tel: **0208 540 1399** Email: Website:

Age range (From): **12 to** Age range (To):**18**

Availability: **Term Times**

Cost per session: **£3.00**

Other Info:

Want to have fun? Xpression provides a safe, comfortable space where young people with a learning disability can meet friends, engage in a range of fun activities and gain life skills. Transportation can be provided within the Kingston borough as well.

This service is open to all disabled children with a learning disability but we cannot offer one to one support.

Yes Film Productions

Dicekragge Adventure Playground Dickerage Road

New Malden Surrey KT3 3EQ

Tel: **020 8942 1707** Email: Website: **www.younglivin.org.uk**

Age range (From): **13 to** Age range (To):**19**

Availability: **Term Times**

Cost per session: **£**

Other Info:

For young people to learn film production skills covering storyboards and scripts, filming, editing and more. Get a DVD or your work and maybe it will be eligible for screening on Channel 4!

For more information please call and ask for Steve or Kane.

Free service

Young Peoples Substance Misuse Service (Kingston And Richmond)

Young Peoples Substance Misuse Service Room 13, Guildhall 1 High Street

Kingston upon Thames KT1 1EU

Tel: **020 8547 6920** Email: **SMS@rbk.kingston.gov.uk** Website: **www.sorted4.info**

Age range (From): **1 to** Age range (To):**19**

Availability: **All Year**

Cost per session: **£**

Other Info:

We work with all young people who require support and help to address their drug and alcohol use who live or go to school in the boroughs of Richmond and Kingston. Can help with stopping smoking tobacco too.

Free service

Youth Jam Session

Hook Community Centre Hook Road

Chessington Surrey KT9 1EJ

Tel: **020 8547 6479** Email: Website: **www.kingston.gov.uk/hookstudio**

Age range (From): **16 to** Age range (To):**24**

Availability: **Term Times**

Cost per session: **£5.00**

Other Info:

Hook Recording Studio offers a range of courses with opportunities to develop your music technology skills.

A workshop for aspiring young performers and composers. Gives the opportunity to play together with other young people and develop all round musicianship. All instruments welcome!

Suitable for ages 16 to 24.

Courses currently running weekly

Yu Online

Guildhall 1 Youth Reception 2 High Street

Kingston Upon Thames Surrey KT1 1EU

Tel: **020 8547 6784** Email: **barnabas.shelbourne@rbk.kingston.gov.uk** Website: **www.yuonline.co.uk**

Age range (From): **13 to** Age range (To):**19**

Availability: **All Year**

Cost per session: **£**

Other Info:

YU Online, previously Youth unlimited, is an online magazine website written by young people for young people. It is a weekly project for you people, who are interested in journalism and media. They can write articles, make short films or create photo slideshows about topics that are of interest to them. If you are into graphic design, photography, web design, writing, art, journalism...we want you to join us! Get your voice heard, meet people, investigate issues, break stories, have fun! Please come along to see what we do. See your work published on the internet.