



back to netball

Kingston

Want to try netball for the first time or haven't played since your school days?

Thinking of getting back into netball?

It's
FREE!

When: Thursdays 5:00pm-6:00pm 10 weekly sessions starting 1st March 2012

Where: The Arena Sports Hall, Kingston College, Kingston Hall Road KT1 2AQ

Contact: sports@rbk.kingston.gov.uk to express interest and receive full details.

Back to Netball Kingston is a project set up to provide a gentle reintroduction to the sport for adults of all ages and abilities. Sessions are coach led and cover the basics of the game, from chest passes to footwork. Whether it is about rediscovering sporting abilities you forgot you had, about getting active again or just meeting a group of like-minded ladies, it really is all about having fun and enjoying the sport, and is open to absolutely everyone.



This project is supported by:

