

# Independence and Wellbeing Plan

Public meeting with the Kingston Pensioners Forum

10<sup>th</sup> March 2008

## Two main issues emerged from the meeting:

- How to get information out about local help to people who are isolated at home and without a computer?
- The kinds of services people need to help them stay at home.

## Ideas and suggestions put forward by Forum members for getting information out to people:

- Use local radio to tell people about local services and where they can get information and advice
- Use specialist information liaison officers as they do in Wandsworth
- Have travelling information officers to visit people in their own homes
- Use volunteers to find and contact people
- Make sure people leaving Kingston hospital have a discharge plan and are properly followed up
- Use the safer neighbourhood scheme co-ordinators to reach out to isolated people
- Inform people about local help when they renew their freedom passes
- Organise a travelling information shop/surgery to go to different parts of the Borough
- Put information out in the local newspapers
- Extend the rotating advertising boards in Kingston town to other parts of the Borough
- Pay GPs to provide information sessions

## **Ideas and suggestions put forward by Forum members to help people stay at home**

- Have a strategy to repair broken pavements to prevent older people from tripping up and falling over
- Develop a garden tending service
- Develop a house maintenance service which is reputable and trustworthy
- Develop a pet service for people going into hospital
- Have a free phone one-stop help and information number