

Family Service Directory in

The Royal Borough of Kingston upon Thames



Compiled by

The
**Families
Information
service**

For further information telephone

020 8547 6582

or visit www.kingston.gov.uk/fis
or 17 Beaconsfield Road, New Malden, KT3 3HY



The Family Information Service (FIS) offers free information, advice and guidance to parents to be, parents, carers and professionals across the borough. We also offer information on services for families that run throughout the borough and the new Family Service Directory (FSD) is another method of sharing information. This is linked to the FIDy, a national website where parents, parents to be and professionals can access information across borough or the country. This is an extensive directory of information which has taken over from ChildCareLink (online) since its closure in September 2009. This information has taken over from the Leisure activities list, combining all of the leisure facilities and clubs and groups that young people can attend throughout the borough.

Kingston FIS wants to make sure that local young people, carers, guardians and professionals have better access to information on services within Kingston upon Thames.

Disabled Children's Information and Advice Service (DCIAS)

Where to go?

What to do?

Who to talk to?

Ask the DCIAS on



020 8547 6200

The Moor Lane Centre
Moor Lane
Chessington
Surrey
KT9 2AA



Email: children@enhanceable.org

Website: www.enhanceable.org

Help available includes:

- Parent Partnership Service
- Benefits Advice
- Leisure Activities
- Information on local and national services and organisations

Arena @ Kingston College

Kingston College Kingston Hall Road

Kingston Upon Thames Surrey KT1 2AQ

Tel: **020 8546 2151** Email: info@kingston-college.ac.uk Website: www.kingston-college.ac.uk

Age range (From): **16** Age range (To):**25**

Availability: **All Year**

Cost per session : **£**

Other Info:

Kingston College's own sporting centre, Arena, offers excellent training facilities. With a large dance and exercise studio, 60 station health and fitness suite, and a sports hall seating 500 spectators, Arena is a first class sports and leisure complex. Alongside a dedicated IT suite and teaching rooms, Arena's facilities enhance the students' learning experience.

As part of one of our six Academies you will have access to a range of top quality facilities and a diverse recreational timetable. Activities include spinning, body combat and circuit classes.

For more information on specific timetables and costs for individual activities, please contact the Arena directly. The gym based in the Arena is open throughout the years regardless of school holidays.

Art Classes

Nuffield Health Simpson Way

Surbiton Surrey KT6 4ER

Tel: **020 8398 9360** Email: surbiton@gymboree-uk.com Website: www.gymboree-uk.com

Age range (From): **1** Age range (To):**5**

Availability: **Term Times**

Cost per session : **£**

Other Info:

Inspiring imagination and self expression in a world of hands on art activities including painting, sculpture, drawing, collage and more.

Avondale Gymnastics Club

Avondale Gymnastics King Charles Centre Hollyfield Road

Surbiton Surrey KT5 9AL

Tel: **020 8399 3386** Email: info@avondalegymnastics.co.uk Website:

Age range (From): **1** Age range (To):**18**

Availability: **All Year**

Cost per session : **£ 7.00**

Other Info:

Under 3's £5.00

3 years + £6.00

5-18 years £7.00 - tiered prices

Drop ins available Monday, Wednesday and Thursday

Baby Ballet

Ymca 49 Victoria Road

Surbiton Surrey KT6 4NG

Tel: **020 8339 7083** Email: **info.surbiton@kwymca.org.uk** Website:

Age range (From): **2** Age range (To):**4**

Availability: **Term Times**

Cost per session : **£ 25.00**

Other Info:

Baby Ballet is a fun introduction to Ballet for children aged 2 - 4.5 years old. Cost is £25 per term. Cost is for a 6 week course, run on Thursdays every half term.

Contact gym reception for more details.

Baby Play (Pre Mobile Babies)

Nuffield Health Simpson Way

Surbiton Surrey KT6 4ER

Tel: **020 8398 9360** Email: surbiton@gymboree-uk.com Website: www.gymboree-uk.com

Age range (From): **1** Age range (To):**3**

Availability: **Term Times**

Cost per session : **£**

Other Info:

Sensory exploration for infants and carers featuring song, dance, infant singing, fibre optics, physical apparatus and a wide variety of props. We also host baby massage classes that last for 4 weeks - contact us for details.

Breakfast And After School Football Sessions

A F C Wimbledon, The Fans Stadium 422a Kingston Road

Kingston Upon Thames Surrey KT1 3PB

Tel: **020 8974 5712** Email: communityfootball@afcwimbledon.co.uk Website: www.afcwimbledon.co.uk

Age range (From): **9** Age range (To):**11**

Availability: **Term Times**

Cost per session : **£ 30.00**

Other Info:

AFC Wimbledon school sports programme has been providing sporting opportunity within the community for almost 5 years. We look to encourage a healthy and active lifestyle for primary school children.

The breakfast session allows parents an earlier drop off time and also offers high quality coaching from experienced CRB checked staff. There is fun, games and small sided matches to look forward to.

The after school football sessions can be used by schools as fund raising programmes. There is high quality coaching from our experienced FA qualified CRB checked coaches. Sessions are structured around ke stage 1 and 2 national curriculum.

Brownies

Headquarters, The Guide Association 17-19 Buckingham Palace Road

London SW1W 0PT

Tel: **020 8675 7572** Email: Website: www.girlguiding.org.uk

Age range (From): **7** Age range (To):**10**

Availability: **All Year**

Cost per session : **£**

Other Info:

Brownies follow a programme called the Brownie Adventure. The name reflects the world of exciting opportunities that is Brownies.

Girls can participate in a wide range of activities at their regular meetings, and at special events, day trips, sleepovers, camps and holidays. They can find themselves trying out arts and crafts or recipes, playing energetic games, taking part in community action projects, or zooming down zip wires at one of our activity centres.

Please contact for more information on cost and your local Brownies group.

Chessington Rocks

Chessington Community College Garrison Lane

Chessington Surrey KT9 2JS

Tel: **020 8974 2277** Email: **chessington.sports@rbksch.org** Website: **www.chessingtonsportscentre.co.uk**

Age range (From): **8** Age range (To):**14**

Availability: **All Year**

Cost per session : **£ 9.00**

Other Info:

Start an activity with a difference, with our fully qualified instructors, we can offer and cater for all your individual needs. Ages 8+ and all abilities welcome.

We have taster sessions, beginners classes, casual and social climbing available as well as climbing parties and a drop in session.

We are now taking bookings for our great Monday kids climbing club, come and join our climbing club where the emphasis is on fun!

Chessington World Of Adventures

Chessington World Of Adventures Leatherhead Road

Chessington Surrey KT9 2NE

Tel: **01372 731 582** Email: **guest.services@chessington.co.uk** Website: **www.chessington.com**

Age range (From): **4** Age range (To):**15**

Availability: **All Year**

Cost per session : **£**

Other Info:

Explore Chessington: its a whole world of wild adventures all in one place. Be one of the first to discover the ancient ruins of wild Asia, a new and mythical land where families can take on the KOBRA, an awesome new spinning disc ride!

Also, go truly wild on an expedition through the Lorikeet Lagoon in amongst the exotic colourful birds. With exciting rides and rollercoasters, amazing animals and a SEA LIFE centre, Chessington really is Britain's wildest adventure.

Due to the nature of our business, height restrictions apply to certain rides and some attractions may be unsuitable for those with low mobility. Please visit our website for information on how we can cater for our guests with special needs and/or disabilities.

Dance Classes

M L S Business Centres 1 Dee Road

Richmond Surrey TW9 2JN

Tel: **020 8322 7707** Email: **info@athletelondon.co.uk** Website: **www.athletelondon.co.uk**

Age range (From): **4** Age range (To):**11**

Availability: **Term Times After School Care**

Cost per session : **£**

Other Info:

If you want to dance like Britney, Beyonce or Justin Timberlake, then Athlete London 's Urban Dance Zone is the perfect choice for boys and girls !! Our street dance classes are great for all abilities, they incorporate fun moves and routines to the latest tunes !

The Athlete London Dance team are very experienced and highly qualified to ensure all children learn, improve and most importantly have fun during their fantastic dance classes.

The dancers will train to perform their final showcase at the end of term which will be choreographed by our dance instructors. Dance styles include street dance, salsa and ballet.

Book early as places fill up very quickly!

These clubs are run in several schools throughout the borough, St Lukes, St Agathas, Alexandra and Tolworth Juniors

Danceforce School Of Dancing

St Lukes Parish 62a Gibbon Road

Kingston Upon Thames Surrey KT2 6AB

Tel: **020 8241 8496** Email: **danceforce@blueyonder.co.uk** Website: **www.danceforce.com**

Age range (From): **3** Age range (To):**18**

Availability: **Term Times**

Cost per session : **£ 8.00**

Other Info:

Danceforce is a thriving and successful dance school based in Kingston, with over 200 pupils ranging from 2 1/2 years to adults. We have expanded considerably in all areas of dance, including ballet, tap, modern and jazz, whilst maintaining the friendly individual attention, which makes this school unique.

While dance is fun, it is also physically demanding and parents should take great care to send their child to professional, qualified teachers. All our teachers are registered with both the RAD and ISTD and have the training and qualifications necessary to teach dance to all ages. They are also police vetted.

17 May 2010

The teachers adhere to a carefully structured syllabus, which is both fun and safe. Regular exam sessions are held in RAD Ballet and ISTD Tap and Modern. We are proud of our 100% pass rate. These qualifications are accredited by the QCA and are recognized globally. Pupils have the opportunity to participate in our themed holiday summer schools. Past themes include Mary Poppins, Cats and Lion King. Activities include dancing, drama and singing with an informal show at the end of the week where pupils show off their new skills. For further information and a prospectus please contact Carol Winter

Discovery Youth Group

Hook Evangelical Church Brook Road

Surbiton Surrey KT6 5DB

Tel: **020 8397 8909** Email: **paul@hookchurch.org** Website: **www.hookchurch.org**

Age range (From): **7** Age range (To):**15**

Availability: **Term Times**

Cost per session : **£ 0.50**

Other Info:

Freeplay, games & organised activities, bible talks & discussions.

Special needs can be included in this programme.

Euphrates Education Foundation

Coombe Boys School College Gardens

New Malden Surrey KT3 6NU

Tel: **07843 029 445** Email: Website:

Age range (From): **5** Age range (To):**19**

Availability: **Term Times**

Cost per session : **£ 40.00**

Other Info:

Saturdays during term time

Football After School Programme

M L S Business Centres 1 Dee Road

Richmond Surrey TW9 2JN

Tel: **020 8322 7707** Email: **info@athletelondon.co.uk** Website: **www.athletelondon.co.uk**

Age range (From): **4** Age range (To):**11**

Availability: **All Year After School Care**

Cost per session : **£**

Other Info:

Athlete London provides after school sports clubs throughout the year in a number of schools in London.

Our sports clubs support your schools extended community program and assist parents with child care provision. In addition they provide a safe environment for children to learn new skills, increase their confidence and level of physical activity.

Football, the worlds most popular sport and the most beautiful sport when played with love. Here at Athlete London we encourage enjoyment and freedom of expression which we believe leads to children being more proactive and positive. Our F.A qualified coaches ensure a high level of coaching is delivered throughout the duration of any course or session promoting good sportsmanship and values of team ethics.

Every term there is a world cup tournament in which every child is invited. This gives all participants a chance to test themselves against other players from different schools and clubs.

Athlete London plans sessions to improve dribbling, passing, shooting, defending, attacking, match-play and decision making.

Each term we work towards the F.A soccer star tests which challenge the children in six areas:

Running with the ball

Turning with the ball

Speed (Changing direction without the ball)

Dribbling

Heading

Shooting

These clubs are based in several schools around the borough, St Lukes, St Agathas, Alexandra Infants and Tolworth Juniors.

Footie Tots

33 Templar Place

Hampton TW12 2NE

Tel: **020 8287 3269** Email: **andy.scates@virgin.net** Website:

Age range (From): **3** Age range (To):**8**

Availability: **Term Times**

Cost per session : **£ 5.00**

Other Info:

An introduction to basic ball skills, scoring lots of goals and having fun! The classes help to develop co-ordination, teamwork and concentration. This class runs on a drop in basis and is open to all. These classes are based throughout the borough of Kingston upon Thames, contact Andy Scates for details.

Fulham Fc Foundation

Fulham Football Club Training Ground Motspur Park

New Malden Surrey KT3 6PT

Tel: **020 8336 7585** Email: **awatt@fulhamfc.com** Website:

Age range (From): **8** Age range (To):**14**

Availability: **School Holidays**

Cost per session : **£18.00**

Other Info:

Cost Details:-

£12 half day

£18 full day

£50 for 5 half days

£75 for 5 full days

Sport Courses for children:-

3-5 years 9am-11am.

6-10 years 9am-3pm.

11-14 years 9am-3pm.

Some courses run throughout the year contact Sue Williams on 020 8336 7542 for further info.

Genshiken Bookgroup

Hook Library Hook Road

Chessington Surrey KT9 1EJ

Tel: **020 8547 6486** Email: Website: www.kingston.gov.uk/libraries

Age range (From): **13** Age range (To):**18**

Availability: **Term Times Weekends**

Cost per session : **£**

Other Info:

Genshiken book group meets on the first saturday of each month 1.30pm-2.30pm to discuss modern visual culture including Manga, Anime, graphic novels, computer games, manga art etc

Green Theatre Company (GTC)

Green Theatre Co Barton Green Theatre Barton Green

New Malden Surrey KT3 3HU

Tel: **020 8942 0155 (voicemail)** Email: Bartongreentheatre@hotmail.com Website: www.greentheatre.com

Age range (From): **14** Age range (To):**25**

Availability: **All Year**

Cost per session : **£ 5.00**

Other Info:

The GTC was formed in 1986. Open primarily to 14-25 year olds and run on a purely voluntary basis, it aims to bring quality drama to New Malden. We are the only theatre company in our area with our own venue, albeit an old converted cricket pavilion.

The GTC don't have a certain style of show. We put on anything from comedies to dark peices, large cast shows and one acts. The last artistic year included the pantomime Aladdin, Noel Coward's Blithe Spirit, the comedy Silvia, Emlyn Williams' murder mystery Must fall and GTC's very own play Crave.

There is an annual cost of £12 and a £5 charge per show.

Guides

Headquarters, The Guide Association 17-19 Buckingham Palace Road

London SW1W 0PT

Tel: **020 8675 7572** Email: Website: www.girlguiding.org.uk

Age range (From): **10** Age range (To):**14**

Availability: **All Year**

Cost per session : **£**

Other Info:

Guides do everything from adventure sports to playing fun games, and from taking part in community action projects to the performing arts.

Guides work together in small groups or 'Patrols' and, with the support of an adult Leader, choose and run some of the activities themselves using Go for It!

The Guide programme is divided into five areas:

discovery of new experiences and challenges

healthy lifestyles

global awareness

skills and relationships

celebrating diversity.

Please contact for information on your local groups

Gym Classes

Nuffield Health Simpson Way

Surbiton Surrey KT6 4ER

Tel: **020 8398 9360** Email: **surbiton@gymboree-uk.com** Website: **www.gymboree-uk.com**

Age range (From): **1** Age range (To):**5**

Availability: **Term Times**

Cost per session : **£**

Other Info:

Play based activities designed to stretch growing bodies and minds, set in a glorious room filled with climbers, slides, tunnels and much more.

Hook Swim School

Hook Swim School & Aqua Centre Ltd 7 Hawkhurst Gardens

Chessington Surrey KT9 1AH

Tel: **020 8397 7731** Email: Website:

Age range (From): **0** Age range (To):**18**

Availability: **All Year After School Care Weekends**

Cost per session : **£ 7.00**

Other Info:

Swimming lessons for all kids from beginners to advanced. This centre also offers water aerobics, parent and baby classes, family "splash" sessions private swimming lessons and adult only swimming.

There is no joining fee and everyone is welcome. The centre is less than 10 minutes from New Malden and is based on the St Paul's School site but privately run, phone Cass for more information and costs for individual activities

Impact Youth Group

Hook Evangelical Church Brook Road

Surbiton Surrey KT6 5DB

Tel: **020 8397 8909** Email: paul@hookchurch.org Website: www.hookchurch.org

Age range (From): **15** Age range (To):**21**

Availability: **Term Times**

Cost per session : **£ 0.50**

Other Info:

Bible based youth group for young people aged 15-21. A great place to chill out with friends in a fun safe environment.

Jo Jingles

2 Gilmais

Leatherhead Surrey KT23 4RP

Tel: **01372 800 420** Email: laura.sykes@ntlworld.com Website: www.jojingles.com/centralsurrey

Age range (From): **0** Age range (To):**5**

Availability: **Term Times**

Cost per session : **£ 5.50**

Other Info:

Music and movement classes for children aged 0-5 years. Our activities include singing – with nursery rhymes, favourite songs and lots of lovely new tunes, action songs, circle and movement songs, instrument playing and an introduction of basic musical principles. We have complete sets of high quality instruments and we also use puppets, props, visuals to encourage learning through fun.

Venues for these classes are throughout the borough, Christchurch, Surbiton, Surbiton Library Halls, Ewell Road and Tolworth United Reformed Church.

There is also a session at the Kingfisher, please call Christina Golding for more information (for Kingfisher only) on 020 8241 8139.

The times are the first and last class in the sessions, please call for further details. All classes are accessible for all.

Junior Karate

Ymca 49 Victoria Road

Surbiton Surrey KT6 4NG

Tel: **020 8339 7083** Email: info.surbiton@kwymca.org.uk Website:

Age range (From): **7** Age range (To):**11**

Availability: **All Year Evenings**

Cost per session : **£ 4.30**

Other Info:

A karate class for children run by the trained gym staff at Surbiton YMCA. Please contact gym for more details.

Kingfisher Leisure Centre

Kingfisher Leisure Centre Fairfield Road

Kingston Upon Thames Surrey KT1 2PY

Tel: **020 8546 4576** Email: Website:

Age range (From): Age range (To):**80**

Availability: **All Year School Holidays**

Cost per session : £

Other Info:

Facilities and activities include air conditioned fitness studio containing more than 65 examples of the latest fat burning and toning equipment. An NRG dance studio holding over 40 classes every week from aerobics to body combat.

A 25m luxury swimming pool with a tropical feel and a wave machine complete with dedicated lane swimming times for the more serious swimmer. Premier suite/conference room (discounted rates for hire) birthday party activities including bouncy castle and soft play.

For more information or to register please contact the centre directly.

Kingston Ballet School

Coombe Hill Junior School Coombe Lane West

Kingston Upon Thames Surrey KT2 7DD

Tel: **020 8549 1129** Email: Website:

Age range (From): **4** Age range (To):**11**

Availability: **Term Times**

Cost per session : £

Other Info:

Ballet, Jazz and Tap classes for children of all ages in Kingston and New Malden. Classes are run in the school, not by the school. Contact Kingston Ballet School for more details.

Kingston Children's Library

Central Library & Museum Royal Borough Of Kingston Upon Thames Fairfield Road

Kingston Upon Thames Surrey KT1 2PS

Tel: **020 8547 6431** Email: michael.treacy@rbk.kingston.gov.uk Website:

Age range (From): **3** Age range (To):**99**

Availability: **All Year**

Cost per session : £

Other Info:

Public Library with access to books, spoken word materials, DVD's, computers and information.

Also stories and simple craft and lively rhyme times sessions.

Kingston Little League

Dinton Fields Latchmere Road

Kingston Upon Thames Surrey KT2 5TT

Tel: **020 8397 5797** Email: Website:

Age range (From): **6** Age range (To):**14**

Availability: **Term Times**

Cost per session : **£**

Other Info:

Little League Football is a national organisation. Its main objective is to provide organised football, as governed by the FA, to both boys and girls between the ages of 8 and 14 years old. We are also fortunate in Kingston Little League in being able to offer Bantams to our younger members aged between 6 and 9. The main difference between Little League and other football bodies is that no-one is picked on ability; we give everyone the opportunity to play if they want to.

We provide an environment for children to enjoy their football and have fun with their friends. Whilst there is a competitive element involved, the KLL (Kingston Little League) ethos is more on sportsmanship, friendship and fun, where winning isn't everything.

Contact for information on a league in your area.

Kingston Toy Library

**Quaker Meeting House 78 Eden Street
Kingston Upon Thames Surrey KT1 1DJ**
Tel: **020 8398 6565** Email: Website:
Age range (From): Age range (To):5

Availability: **Term Times**

Cost per session : £

Other Info:

Located opposite Heals and next door to Primark. Have a sizeable stock of toys especially suitable for children with special needs, and lots of other good toys.

These can be borrowed for a month for a very low cost. They also run a parent & toddler group for under threes (free) which is run by a group of parents, many of whom have special skills. More help always welcome.

Contact Roma Lear for more details.

K-Zone

**Tolworth Recreation Centre Fullers Way North
Surbiton Surrey KT6 7LQ**

Tel: **020 8391 7910** Email: lesleymcarthy@dcleisure.co.uk Website:

Age range (From): **5** Age range (To):11

Availability: **School Holidays**

Cost per session : £

Other Info:

K-Zone

Fun for kids aged 5 to 11 years old. Fun and fitness for all children.

Speak to some one at reception for more details

Dont miss out!

Not registered with Ofsted but follows Ofsted's guidelines. Due to time scheme runs, not necessary to register with Ofsted.

Little Kickers

Tel: **020 8286 6038** Email: hkelly@littlekickers.co.uk Website: www.littlekickers.co.uk

Age range (From): **1** Age range (To):5

Availability: **Term Times**

Cost per session : £ **90.00**

Other Info:

Football classes for children aged 18 months to 5 years. A fun introduction to sport including early learning goals such as colours, counting, sharing social and motor skills.

Must book in advance for either 6 or 12 week courses.

These courses are held in various locations throughout the borough, Schools and Church Halls, including Tolworth United Reformed Church, St Phillips Church, Worcester Park.

Malden Centre

Blagdon Road

New Malden Surrey KT3 4BD

Tel: **020 8336 7770** Email: Website: **www.themaldencentre.co.uk**

Age range (From): **5** Age range (To):**12**

Availability: **School Holidays**

Cost per session : **£**

Other Info:

5-8 year old and 9-12 year old programme bookable in advance. A flexible programme bookable by the session, in each summer holiday. Activities include a selection from sports, games, quizzes, arts and crafts, bouncy castle and swimming. Please see current brochure for information on activities such as swimming, or contact centre for more details.

Music And Dance

Nuffield Health Simpson Way

Surbiton Surrey KT6 4ER

Tel: **020 8398 9360** Email: surbiton@gymboree-uk.com Website: www.gymboree-uk.com

Age range (From): Age range (To):5

Availability: **Term Times**

Cost per session : **£ 10.00**

Other Info:

Enjoy musical styles from around the world as we sing, dance, play instruments and enjoy musical games which develop rhythm and beat.

Musical Bumps

St Johns Hall Grove Lane

Kingston Upon Thames Surrey KT1 2SU

Tel: **07764 684 334** Email: lucy.bird@musicalbumps.com Website: www.musicalbumps.com

Age range (From): Age range (To):5

Availability: **All Year**

Cost per session : **£ 5.75**

Other Info:

Pre school music classes for babies, toddlers and their carers. Classes are age specific and include props, instruments and lots of actions. A drink and biscuit is provided. Real music, real education, real fun! We like to include every child that would like to join. Carers stay for the class, so we are able to include children with a variety of needs.

This information was correct as of January 2010.

New Malden Homework Help Club

Branch Public Library New Malden Kingston Road

New Malden Surrey KT3 3LY

Tel: **020 8547 6464/6498** Email: Website: www.kingston.gov.uk/libraries

Age range (From): **8** Age range (To):14

Availability: **Term Times**

Cost per session : **£**

Other Info:

Are you aged 8-14? Need help finding information for homework? Need to use a PC and have access to books and information? Then visit New Malden Library's homework club.

New Malden Little League

Manor Park Malden Road

New Malden Surrey KT3 6AU

Tel: **020 8399 9719** Email: Website:

Age range (From): **8** Age range (To):**12**

Availability: **All Year**

Cost per session : **£**

Other Info:

Little League Football is a national organisation. Its main objective is to provide organised football, as governed by the FA, to both boys and girls between the ages of 8 and 14 years old. We are also fortunate in Kingston Little League in being able to offer Bantams to our younger members aged between 6 and 9. The main difference between Little League and other football bodies is that no-one is picked on ability; we give everyone the opportunity to play if they want to.

We provide an environment for children to enjoy their football and have fun with their friends. Whilst there is a competitive element involved, the KLL (Kingston Little League) ethos is more on sportsmanship, friendship and fun, where winning isn't everything.

Contact for information on a league in your area.

Old Malden Library

Old Malden Library Church Road

Worcester Park Surrey KT4 7RD

Tel: **020 8547 6469** Email: Website: www.kingston.gov.uk/libraries

Age range (From): **4** Age range (To):**18**

Availability: **All Year**

Cost per session : **£**

Other Info:

Public library with access to books, spoken word materials, DVD's, computers and information. Also lively rhyme time sessions available.

contact the library for mre details and lunchtime closures.

Old Malden Library Homework Help Club

Old Malden Library Church Road

Worcester Park Surrey KT4 7RD

Tel: **020 8547 6468/6467** Email: Website: www.kingston.gov.uk/libraries

Age range (From): **8** Age range (To):**14**

Availability: **Term Times**

Cost per session : **£**

Other Info:

Are you aged 8-14? Need help finding information for homework? Need to use a PC and have access to books and information? Then visit Surbiton Library's homework club.

Rainbow

Hook Evangelical Church Brook Road

Surbiton Surrey KT6 5DB

Tel: **020 8397 8909** Email: paul@hookchurch.org Website: www.hookchurch.org

Age range (From): **3** Age range (To):**7**

Availability: **Term Times**

Cost per session : **£ 0.20**

Other Info:

Free play, games, refreshments, singing, bible stories, craft, teddy bears picnic and a holiday bible club twice a year.

Rainbows

**Headquarters, The Guide Association 17-19 Buckingham Palace Road
London SW1W 0PT**

Tel: **020 8675 7572** Email: Website: www.girlguiding.org.uk

Age range (From): **5** Age range (To):**7**

Availability: **All Year**

Cost per session : **£**

Other Info:

Being a Rainbow is all about learning, developing self confidence, building friendships and, of course, having lots of fun.

The Rainbow jigsaw have four areas:

Look: We encourage girls to look around them and learn about their own environment and community. We also help them understand that they are part of a wider world, perhaps through crafts or games from around the globe, or learning about festivals from other cultures.

Learn: Rainbows learn by taking part in a wide range of activities such as trying out crafts and recipes, playing games and visiting local places of interest. A representative from the RSPCA might come to a meeting to talk about looking after pets or a police officer might come to explain to the girls about road safety.

Laugh: Rainbows have lots of fun. Meetings involve games, songs, parties, celebrations and making a mess! Girls love sleepovers too!

Love: Through Rainbows, girls learn about caring and sharing with family and friends, working together, fair play, and being considerate and helpful to others.

Please contact for more information on your local Rainbows group.

Russian Language School Friendship

3 Ravens Court Upper Brighton Road

Surbiton Surrey KT6 6JU

Tel: **07748 677790** Email: **svrandall@btinternet.com** Website:

Age range (From): **5** Age range (To):**16**

Availability: **Weekends**

Cost per session : **£**

Other Info:

Russian tuition, music, dance, drama and art. Playgroup for toddlers (1- 3yrs) for 1 hour.

Age ranges:

Under 5's

5-7

8-10

12-15

GCSE's and A level preparation

Sanso @ St James

1 Montem Road

New Malden Surrey KT3 3QW

Tel: **020 8547 0566** Email: **info@oxygen-online.org** Website:

Age range (From): **11** Age range (To):**16**

Availability: **All Year**

Cost per session : **£**

Other Info:

A new homework club for Korean speakers is going to be launched in New Malden on the 5th November in a new partnership between local Youthwork charity Oxygen and St James church.

Operating between 4 and 6.30pm each Thursday afternoon, the club will offer up to 20 High school students a chance to gain support with their homework whilst improving their English skills. With the support of the church and Oxygen volunteers, the club is being made available free of charge to students in the area.

Saturday Football Club

A F C Wimbledon, The Fans Stadium 422a Kingston Road

Kingston Upon Thames Surrey KT1 3PB

Tel: **020 8974 5712** Email: **communityfootball@afcwimbledon.co.uk** Website: **www.afcwimbledon.co.uk**

Age range (From): **9** Age range (To):**11**

Availability: **Term Times**

Cost per session : **£ 180.00**

Other Info:

AFC Wimbledon mini soccer is a hugely successful course that attracts over 100 children every week. The sessions take place at Chessington Sports Centre, Goals at Wimbledon etc. You can expect structured coaching delivered by experienced FA and UEFA qualified coaches. There are fun games, skills and competitions with prizes and small sided matches.

Searchlight Junior Club

New Searchlight Youth Club Kingston Road

New Malden Surrey KT3 3RX

Tel: **020 8547 6778** Email: **gary.weston@rbk.kingston.gov.uk** Website: **www.younglivin.org.uk**

Age range (From): **8** Age range (To):**12**

Availability: **All Year**

Cost per session : **£**

Other Info:

General information, advice and guidance for children aged 8-12. Studio access, IT suite, gym area and workshops relevant to young peoples issues.

Each sesion can be adapted depending on the needs of the young person. We also have wheelchair access.

Seiki Juku Karate-Tolworth

62 Gibbon Road

Kingston Upon Thames Surrey KT2 6AB

Tel: **07940 551 906** Email: info@seikijukukarate.com Website: www.seikijukukarate.com

Age range (From): **5** Age range (To):**20**

Availability:

Cost per session : **£**

Other Info:

Traditional Japanese Karate and Self Defence.

Come and join beginners start from 5 years old. Families welcome, come and learn self defence and keep fit.

This information was correct as of January 2010.

Spectrum Youth Group

Hook Evangelical Church Brook Road

Surbiton Surrey KT6 5DB

Tel: **020 8397 8909** Email: paul@hookchurch.org Website: www.hookchurch.org

Age range (From): **7** Age range (To):**11**

Availability: **Term Times**

Cost per session : **£ 0.30**

Other Info:

Bible based youth group with:-

games, crafts, bible stories, quizzes, singing, free play and yearly camp.

Drop-in open to all.

Wheelchair access & toilet.

Stanley Pickering Gallery

Kingston University Knights Park Centre Grange Road

Kingston Upon Thames Surrey KT1 2QJ

Tel: **020 8417 4074** Email: picker@kingston.ac.uk Website: www.stanleypickergallery.org

Age range (From): **5** Age range (To):**11**

Availability: **All Year**

Cost per session : **£**

Other Info:

We do not have a set pattern of activities here at the Stanley Picker Gallery, but we do have exhibitions and events throughout the academic year. Please see website for up to date details of forthcoming exhibitions.

Surbiton Library Book Chat Group

Royal Borough Of Kingston Upon Thames Surbiton Library Ewell Road

Surbiton Surrey KT6 6AG

Tel: **020 8547 6464/6444** Email: Website: www.kingston.gov.uk/libraries

Age range (From): **11** Age range (To):**18**

Availability: **Weekends Term Times**

Cost per session : **£**

Other Info:

Are you aged 11-18? Do you love reading? If so then book chat clubs are for you.

We meet to talk about all the great new books which are coming out. We discuss our favourite reads and authors and recommend books to each other. At each session we also have a featured title available for everyone to borrow, read and talk about next time. Its very relaxed and good fun and we'd love to see you there.

If you have a library card please bring it with you. You do not need to be a library member to come to our reading groups.

We meet on the second saturday of each month.

Surbiton Racket & Fitness Club

Surbiton Racket & Fitness Club Berrylands

Surbiton Surrey KT5 8JT

Tel: **020 8399 1594** Email: info@surbiton.org Website: www.surbiton.org

Age range (From): **3** Age range (To):**16**

Availability: **All Year Weekends**

Cost per session : **£**

Other Info:

The aim of the junior programme is to provide quality coaching in a fun environment, and we hope to produce County standard players and above.

The programme is split into Mini Tennis and Full-Court Tennis and caters for children of all ages and standards.

Mini Tennis is tennis especially designed for young players. Children learn how to play tennis on smaller courts with low bouncing balls and simple scoring. Players move through the levels of Red, Orange and Green when they are able to cope with a bigger court, bigger racket and a faster ball.

Full court Tennis These squads are designed for older juniors (11-16's) wanting to take their tennis up a notch. Players learn on a full court with full regular scoring. Full court Tennis embraces all standards, players work on improving their technique, developing their tactical awareness for both singles and doubles and also to work on the physical aspects of the game. Club also caters for those wanting to play squash and has gym facilities, including latest fitness machines and personal training.

Contact club directly for course dates and times.

The Befriending Project

The Moor Lane Centre Moor Lane

Chessington Surrey KT9 2AA

Tel: **020 8547 6577** Email: clare.warne@rbk.kingston.gov.uk Website:

Age range (From): **12** Age range (To):**19**

Availability: **Weekends School Holidays**

Cost per session : **£**

Other Info:

Befriending project extends the Share the Care to provide individual befrienders (aged 16-25) to disabled teenagers aged 12-19 years old. The befrienders help the disabled teenager to take part in leisure, sporting and social activities in the community.

The befriender helps to develop the young person's confidence, extend their horizons, provides a positive role model and have fun.

Opening times are flexible depending on the needs of the family and the availability of the volunteer.

The Project

The Devon Way Centre Devon Way

Chessington Surrey KT9 2RJ

Tel: **020 8547 6791** Email: kerry.mccabe@rbk.kingston.gov.uk Website:

Age range (From): **8** Age range (To):**12**

Availability: **All Year**

Cost per session : **£**

Other Info:

Open club giving young people the opportunity to get involved with art, drama, cooking and sports. All are welcome.

The School Lane Junior Club

School Lane Youth Club School Lane

Surbiton Surrey KT6 7QJ

Tel: **020 8547 6792** Email: Website:

Age range (From): **8** Age range (To):**12**

Availability: **All Year Evenings**

Cost per session : **£**

Other Info:

We provide opportunities for young people to enjoy a range of activities, sports, arts and crafts, music and outings in a fun and safe environment. There is no charge and we provide a healthy snack.

Tolworth Gymnastics Club

Tolworth Secondary Girls School Fullers Way North

Surbiton Surrey KT6 7LQ

Tel: **020 8397 3111** Email: **info@tolworthgymclub.co.uk** Website:

Age range (From): **5** Age range (To):**18**

Availability: **All Year**

Cost per session : **£ 8.00**

Other Info:

Tolworth Gymnastics club has been teaching gymnastics to all ages and levels for over 25 years. Whether your child is an aspiring Olympic gymnast or simply wanting to try out this fantastic sport, Tolworth Gym Club is the place to go.

With state of the art facilities and highly trained and enthusiastic coaching staff, children are trained in an enjoyable and safe environment to fulfil their potential.

Through proper instruction, children show progress in many key developmental areas. Gymnastics will build physical fitness, flexibility, body awareness, co-ordination and and confidence. It is also hugely challenging creative and fun.

Tolworth Library Book Chat Group

Tolworth Community Library & I T Learning Centre 37-39 Tolworth Broadway

Surbiton Surrey KT6 7DJ

Tel: **020 8547 6435/6470** Email: Website: **www.kingston.gov.uk/libraries**

Age range (From): **11** Age range (To):**18**

Availability: **Term Times**

Cost per session : **£**

Other Info:

Are you aged 11-18?

Do you love reading? If so, then book chat clubs are for you!

We meet to talk about all the great new books which are coming out. We discuss our favourite reads and authors and recommend books to each other.

At each session we also have a featured title available for everyone to borrow, read and talk about next time. Its very relaxed and good fun and we'd love to see you there. We run the group once a month on a Tuesday evening.

If you have a library card please bring it with you. You do not need to be a library member to come to our reading groups.

Tolworth Little League

Alexandra Recreation Ground King Charles Road

Surbiton Surrey KT5 9BE

Tel: **020 8397 5797** Email: Website:

Age range (From): **8** Age range (To):**14**

Availability: **All Year**

Cost per session : **£**

Other Info:

Little League Football is a national organisation. Its main objective is to provide organised football, as governed by the FA, to both boys and girls between the ages of 8 and 14 years old. We are also fortunate in Kingston Little League in being able to offer Bantams to our younger members aged between 6 and 9. The main difference between Little League and other football bodies is that no-one is picked on ability; we give everyone the opportunity to play if they want to.

We provide an environment for children to enjoy their football and have fun with their friends. Whilst there is a competitive element involved, the KLL (Kingston Little League) ethos is more on sportsmanship, friendship and fun, where winning isn't everything.

Contact for information on a league in your area.

Twilight Junior Club @ Kingsnympton

Kingsnympton Centre Kingsnympton Park

Kingston KT2 7RR

Tel: **020 8547 6778** Email: matthew.angell@rbk.kingston.gov.uk Website:

Age range (From): **8** Age range (To):**12**

Availability: **All Year**

Cost per session : **£**

Other Info:

Twilight junior club is open access provision for young people aged between 8 and 12. Young people have the opportunity to participate in various youth club and sporting activities such as pool, table tennis, football, basketball, badminton, volleyball etc.

Young people can also take part in arts and crafts, safely surfing the internet for fun and research as well as other activities suggested by the young people themselves.

This centre has disabled access and toilet facilities and is available for private hire for events.

Yoga Bugs

1 Royal Oak Mews

Teddington TW11 8HX

Tel: **0845 899 7168** Email: **michelle@yogabugs.com** Website: **www.yogabugs.com**

Age range (From): **2** Age range (To):**4**

Availability: **All Year**

Cost per session : **£**

Other Info:

YogaBugs is creative, imaginative and fun yoga for children aged two and a half to seven years. Yoga postures, breathing and relaxation techniques are woven together into fun stories and games. In a safe and familiar environment and amongst their friends, children can have wild adventures and go on heroic journeys. All our teachers are CRB checked and fully insured.

There are also other classes to attend, please contact Michelle at YogaBugs for more information.

Yoga'd Up

1 Royal Oak Mews

Teddington TW11 8HX

Tel: **0845 899 7168** Email: **michelle@yogabugs.com** Website: **www.yogabugs.com**

Age range (From): **8** Age range (To):**12**

Availability:

Cost per session : **£**

Other Info:

Yoga for older children aged 8 to 12 years old. These classes are structured to appeal to an age group who want to be physically challenged and entertained. Classes include using a combination of postures, partner poses and fun yoga games as well as being mentally guided through relaxation and visualisation techniques. These ingredients help and support them throughout a time pre-teen change and beyond to adolescence.

chance to gain support with their homework whilst improving their English skills. With the support of the church and Oxygen volunteers, the club is being made available free of charge to students in the area.

Saturday Football Club

**A F C Wimbledon, The Fans Stadium, 422a Kingston Road,
Kingston Upon Thames, Surrey, KT1 3PB**

Tel: 020 8974 5712 Email: communityfootball@afcwimbledon.co.uk www.afcwimbledon.co.uk

Age range (From):**9yrs** Age range (To):**11yrs**

Opening Hours:**am** to

Availability: **Term Times**

Accreditation level:

Cost per session : **£ 0**

Other Info:

AFC Wimbledon mini soccer is a hugely successful course that attracts over 100 children every week. The sessions take place at Chessington Sports Centre, Goals at Wimbledon etc. You can expect structured coaching delivered by experienced FA and UEFA qualified coaches. There are fun games, skills and competitions with prizes and small sided matches.

Searchlight Junior Club

New Searchlight Youth Club, Kingston Road,

New Malden, Surrey, KT3 3RX

Tel: **020 8547 6778** Email: gary.weston@rbk.kingston.gov.uk www.younglivin.org.uk

Age range (From):**8yrs** Age range (To):**12yrs**

Opening Hours:**am** to **07:00**

Availability: **All Year**

Accreditation level:

Cost per session : £ **1**

Other Info:

General information, advice and guidance for children aged 8-12. Studio access, IT suite, gym area and workshops relevant to young peoples issues.

Each sesion can be adapted depending on the needs of the young person. We also have wheelchair access.

Seekers Club

The Causeway Centre, Cocks Crescent,

New Malden, Surrey, KT3 4TA

Tel: **020 8546 7463** Email: junebright@tiscali.co.uk **Under construction**

Age range (From):**18yrs** Age range (To):**80yrs**

Opening Hours:**07:00am** to

Availability: **All Year Term Times**

Accreditation level:

Cost per session : £ **0 0.50**

Other Info:

Meet new friends. Seekers is a leisure club for adults aged 18+. Have fun with regular programme of activities each week. Fun and friendly group where people with a learning disability can meet in a safe place; e.g. Theatre trips, parties and monthly Birthday Disco.

Seiki Juku Karate-Tolworth

62 Gibbon Road, ,

Kingston Upon Thames, Surrey, KT2 6AB

Tel: **07940 551 906** Email: info@seikijukukarate.com www.seikijukukarate.com

Age range (From):**5yrs** Age range (To):**20yrs**

Opening Hours:**am** to

Availability:

Accreditation level:

Cost per session : **£ 0**

Other Info:

Traditional Japanese Karate and Self Defence.

Come and join beginners start from 5 years old. Families welcome, come and learn self defence and keep fit.

This information was correct as of January 2010.

Stanley Pickering Gallery

Kingston University, Knights Park Centre, Grange Road

Kingston Upon Thames, Surrey, KT1 2QJ

Tel: **020 8417 4074** Email: picker@kingston.ac.uk www.stanleypickergallery.org

Age range (From):**5yrs** Age range (To):**11yrs**

Opening Hours:**am** to **12:00**

Availability: **All Year**

Accreditation level:

Cost per session : **£ 1**

Other Info:

We do not have a set pattern of activities here at the Stanley Picker Gallery, but we do have exhibitions and events throughout the academic year. Please see website for up to date details of forthcoming exhibitions.

Surbiton Library Book Chat Group

Royal Borough Of Kingston Upon Thames, Surbiton Library, Ewell Road

Surbiton, Surrey, KT6 6AG

Tel: **020 8547 6464/6444** Email: www.kingston.gov.uk/libraries

Age range (From):**11yrs** Age range (To):**18yrs**

Opening Hours:**am** to

Availability: **Weekends Term Times**

Accreditation level:

Cost per session : **£ 1**

Other Info:

Are you aged 11-18? Do you love reading? If so then book chat clubs are for you.

We meet to talk about all the great new books which are coming out. We discuss our favourite reads and authors and recommend books to each other. At each session we also have a featured title available for everyone to borrow, read and talk about next time. Its very relaxed and good fun and we'd love to see you there.

If you have a library card please bring it with you. You do not need to be a library member to come to our reading groups.

We meet on the second saturday of each month.

Surbiton Library Homework Club

Royal Borough Of Kingston Upon Thames, Surbiton Library, Ewell Road

Surbiton, Surrey, KT6 6AG

Tel: **020 8547 6431/6444** Email: **www.kingston.gov.uk/libraries**

Age range (From):**8yrs** Age range (To):**14yrs**

Opening Hours:**am** to

Availability: **Term Times**

Accreditation level:

Cost per session : **£ 1**

Other Info:

Are you aged 8-14?

Do you need help finding information for homework? Need to use a PC and have access to books and information? Then visit Surbiton Library's Homework Club. This library is open to all but the preferred age group is 8-14yrs.

Surbiton Racket & Fitness Club

Surbiton Racket & Fitness Club, Berrylands,

Surbiton, Surrey, KT5 8JT

Tel: **020 8399 1594** Email: info@surbiton.org www.surbiton.org

Age range (From):**3yrs** Age range (To):**16yrs**

Opening Hours:**am** to

Availability: **All Year Weekends**

Accreditation level:

Cost per session : £ **0**

Other Info:

The aim of the junior programme is to provide quality coaching in a fun environment, and we hope to produce County standard players and above.

The programme is split into Mini Tennis and Full-Court Tennis and caters for children of all ages and standards.

Mini Tennis is tennis especially designed for young players. Children learn how to play tennis on smaller courts with low bouncing balls and simple scoring. Players move through the levels of Red, Orange and Green when they are able to cope with a bigger court, bigger racket and a faster ball.

Full court Tennis These squads are designed for older juniors (11-16's) wanting to take their tennis up a notch. Players learn on a full court with full regular scoring. Full court Tennis embraces all standards, players work on improving their technique, developing their tactical awareness for both singles and doubles and also to work on the physical aspects of the game. Club also caters for those wanting to play squash and has gym facilities, including latest fitness machines and personal training.

Contact club directly for course dates and times.

The Befriending Project

The Moor Lane Centre, Moor Lane,

Chessington, Surrey, KT9 2AA

Tel: **020 8547 6577** Email: clare.warne@rbk.kingston.gov.uk

Age range (From):**12yrs** Age range (To):**19yrs**

Opening Hours:**am** to

Availability: **Weekends School Holidays**

Accreditation level: **Royal Borough Of Kingston Upon Thames**

Cost per session : £ **1**

Other Info:

Befriending project extends the Share the Care to provide individual befrienders (aged 16-25) to disabled teenagers aged 12-19 years old. The befrienders help the disabled teenager to take part in leisure, sporting and social activities in the community.

The befriender helps to develop the young person's confidence, extend their horizons, provides a positive role model and have fun.

Opening times are flexible depending on the needs of the family and the availability of the volunteer.

The Project

**The Devon Way Centre, Devon Way,
Chessington, Surrey, KT9 2RJ**

Tel: **020 8547 6791** Email: **kerry.mccabe@rbk.kingston.gov.uk**

Age range (From):**8yrs** Age range (To):**12yrs**

Opening Hours:**06:30am** to **08:30**

Availability: **All Year**

Accreditation level:

Cost per session : **£ 1**

Other Info:

The School Lane Junior Club

**School Lane Youth Club, School Lane,
Surbiton, Surrey, KT6 7QJ**

Tel: **020 8547 6792** Email:

Age range (From):**yrs** Age range (To):**12yrs**

Opening Hours:**05:30am** to

Availability: **All Year Evenings**

Accreditation level:

Cost per session : **£ 1**

Other Info:

We provide opportunities for young people to enjoy a range of activities, sports, arts and crafts, music and outings in a fun and safe environment. There is no charge and we provide a healthy snack.

The Venner Junior Club

**Doris Venner Youth & Community Centre, The Manor Drive,
Worcester Park, Surrey, KT4 7LG**

Tel: **020 8547 6778** Email: **Lisa.cooper2@rbk.kingston.gov.uk**

Age range (From):**8yrs** Age range (To):**12yrs**

Opening Hours:**04:30am** to

Availability: **All Year**

Accreditation level:

Cost per session : **£ 1**

Other Info:

The Junior club at the Doris Venner Youth & community Centre runs every Monday from 4.30- 6.30pm for 8-12 year olds. We provide opportunities for young people to enjoy a range of activities, sports, arts & crafts, music & outings in a fun and safe environment. There is no charge and we provide a healthy snack.

Tolworth Gymnastics Club

Tolworth Secondary Girls School, Fullers Way North,

Surbiton, Surrey, KT6 7LQ

Tel: 020 8397 3111 Email: info@tolworthgymclub.co.uk

Age range (From):**5yrs** Age range (To):**18yrs**

Opening Hours:**am** to

Availability: **All Year**

Accreditation level:

Cost per session : **£8.00 0**

Other Info:

Tolworth Gymnastics club has been teaching gymnastics to all ages and levels for over 25 years. Whether your child is an aspiring Olympic gymnast or simply wanting to try out this fantastic sport, Tolworth Gym Club is the place to go.

With state of the art facilities and highly trained and enthusiastic coaching staff, children are trained in an enjoyable and safe environment to fulfil their potential.

Through proper instruction, children show progress in many key developmental areas. Gymnastics will build physical fitness, flexibility, body awareness, co-ordination and and confidence. It is also hugely challenging creative and fun.

Tolworth Library Book Chat Group

Tolworth Community Library & I T Learning Centre, 37-39 Tolworth Broadway,

Surbiton, Surrey, KT6 7DJ

Tel: 020 8547 6435/6470 Email: www.kingston.gov.uk/libraries

Age range (From):11yrs Age range (To):18yrs

Opening Hours:am to

Availability: Term Times

Accreditation level:

Cost per session : £ 1

Other Info:

Are you aged 11-18?

Do you love reading? If so, then book chat clubs are for you!

We meet to talk about all the great new books which are coming out. We discuss our favourite reads and authors and recommend books to each other.

At each session we also have a featured title available for everyone to borrow, read and talk about next time. Its very relaxed and good fun and we'd love to see you there. We run the group once a month on a Tuesday evening.

If you have a library card please bring it with you. You do not need to be a library member to come to our reading groups.

Tolworth Little League

Alexandra Recreation Ground, King Charles Road,

Surbiton, Surrey, KT5 9BE

Tel: 020 8397 5797 Email:

Age range (From):yrs Age range (To):yrs

Opening Hours:am to

Availability:

Accreditation level:

Cost per session : £ 0

Other Info:

Little League Football is a national organisation. Its main objective is to provide organised football, as governed by the FA, to both boys and girls between the ages of 8 and 14 years old. We are also fortunate in Kingston Little League in being able to offer Bantams to our younger members aged between 6 and 9.

The main difference between Little League and other football bodies is that no-one is picked on ability; we give everyone the opportunity to play if they want to.

We provide an environment for children to enjoy their football and have fun with their friends. Whilst there is a cometic element involved, the KLL (kingston Little League) ethos is more on sportsmanship, friendship and fun, where winning isnt everything.

Contact for information on a league in your area.

Twilight Junior Club @ Kingsnympton

Kingsnympton Centre, Kingsnympton Park,

Kingston, , KT2 7RR

Tel: **020 8547 6778** Email: **matthew.angell@rbk.kingston.gov.uk**

Age range (From):**8yrs** Age range (To):**12yrs**

Opening Hours:**am** to

Availability: **All Year**

Accreditation level:

Cost per session : **£ 1**

Other Info:

Twilight junior club is open access provision for young people aged between 8 and 12. Young people have the opportunity to participate in various youth club and sporting activities such as pool, table tennis, football, basketball, badminton, volleyball etc.

Young people can also take part in arts and crafts, safely surfing the internet for fun and research as well as other activities suggested by the young people themselves.

This centre has disabled access and toilet facilities and is available for private hire for events.

Urdu Language Project

38 Gainsborough Road, ,

New Malden, Surrey, KT3 5NU

Tel: **020 8715 2227** Email: **wamida1943@yahoo.co.uk**

Age range (From):**5yrs** Age range (To):**25yrs**

Opening Hours:**am** to

Availability: **Term Times**

Accreditation level:

Cost per session : **£ 0**

Other Info:

Cost for classes to be paid in advance at the start of term

Yoga Bugs

1 Royal Oak Mews, ,

Teddington, , TW11 8HX

Tel: **0845 899 7168** Email: **michelle@yogabugs.com** **www.yogabugs.com**

Age range (From):**2yrs** Age range (To):**4yrs**

Opening Hours:**am** to

Availability: **All Year**

Accreditation level:

Cost per session : **£ 0**

Other Info:

YogaBugs is creative, imaginative and fun yoga for children aged two and a half to seven years. Yoga postures, breathing and relaxation techniques are woven together into fun stories and games. In a safe and familiar environment and amongst their friends, children can have wild adventures and go on heroic journeys. All our teachers are CRB checked and fully insured.

There are also other classes to attend, please contact Michelle at YogaBugs for more information.

Yoga'd Up

**1 Royal Oak Mews, ,
Teddington, , TW11 8HX**

Tel: 0845 899 7168 Email: michelle@yogabugs.com www.yogabugs.com

Age range (From):8yrs Age range (To):12yrs

**Opening Hours:am to
Availability:
Accreditation level:
Cost per session : £ 0**

Other Info:

Yoga for older children aged 8 to 12 years old. These classes are structured to appeal to an age group who want to be physically challenged and entertained. Classes include using a combination of postures, partner poses and fun yoga games as well as being mentally guided through relaxation and visualisation techniques. These ingredients help and support them throughout a time pre-teen change and beyond to adolescence. This information was correct as of January 2010.

Tel: Email:

Age range (From):**yrs** Age range (To):**yrs**

Opening Hours:**am** to

Availability:

Accreditation level:

Cost per session : **£**

Other Info:

Tel: Email:

Age range (From):**yrs** Age range (To):**yrs**

Opening Hours:**am** to

Availability:

Accreditation level:

Cost per session : **£**

Other Info: