

## Social Activities and Entertainment

### **Day Services**

There are a number of statutory and voluntary day centres providing support and social activities for disabled and older people, including those with mental health needs:

- Kingston Council's Health and Disability Team (under 65's): 020 8547 6364
- Kingston Council's Health and Social Care Team for Older People (over 65's): 020 8547 6012
- Age Concern Kingston: 020 8942 8256  
[www.ageconcernkingston.org.uk](http://www.ageconcernkingston.org.uk)
- Kingston Council's Care and Support Services Directory:  
[http://www.kingston.gov.uk/care\\_services\\_directory\\_august\\_2007\\_-4.pdf](http://www.kingston.gov.uk/care_services_directory_august_2007_-4.pdf)

### **Social activities for older people**

- Download the social activities guide:  
<http://www.ageconcernkingston.org.uk>
- Phone Age Concern Kingston: 020 8942 8256

### **Disabled access to local social and entertainment venues**

Disabled Go is an internet service that visits venues to provide detailed access information. The site includes local pubs, restaurants, cinemas and tourist attractions amongst other venues.

- [www.disabledgo.com/](http://www.disabledgo.com/)  
Access information for Kingston Council's buildings, including libraries, adult education, the museum and sports and leisure centres, is also available from the Council's website.
- [www.kingston.gov.uk/councilbuildings\\_access](http://www.kingston.gov.uk/councilbuildings_access)

### **Where can I get advice?**

- Age Concern First Contact Telephone Helpline: 020 8408 8170
- Kingston Association for the Blind: 020 8605 0060
- Kingston Council's Active Kingston Team: 020 8547 5207