

## Dinghy Sailing Taster Sessions 2009

This course gives you an ideal insight into the sport of Dinghy Sailing. You will be learning the basics of sailing in a crewed sailing dinghy with the added benefit of your own instructor on board. By the end of this course you should have a good understanding of the sport of Dinghy Sailing and an incredible appetite for more!

<b>INSTRUCTOR RATIO</b>	1:3
<b>DURATION</b>	3 HOURS
<b>SAILING DINGHIES</b>	CREWED BOATS
<b>COST</b>	£55

### Times

<b>MORNING SESSION</b>	9:30am – 12:30pm
<b>AFTERNOON SESSION</b>	1:30pm – 4:30pm

### Dates

**SATURDAY 25<sup>TH</sup> APRIL 2009**  
**SATURDAY 13<sup>TH</sup> JUNE 2009**  
**SATURDAY 12<sup>TH</sup> SEPTEMBER 2009**

## RYA 'Start Sailing' Course 2009

This introductory course will focus on teaching boat rigging, launching and recovery, basic sailing techniques and safety whilst afloat. By the end of this course you should have the competence and the confidence to be able to sail in light winds under the supervision of your RYA Instructor. No previous experience necessary. This one and a half day course covers the RYA Level 1 Syllabus.

<b>INSTRUCTOR RATIO</b>	1:6
<b>DURATION</b>	1 & 1/2 DAYS
<b>SAILING DINGHIES</b>	SINGLE HANDED LASER PICOS/TOPPER VIBES
<b>COST</b>	£150

### Times

<b>SATURDAY</b>	9:30am – 4:30pm
<b>SUNDAY</b>	10:00am – 1:00pm

### Dates

**SATURDAY 25<sup>TH</sup> AND SUNDAY 26<sup>TH</sup> APRIL 2009**  
**SATURDAY 9<sup>TH</sup> AND SUNDAY 10<sup>TH</sup> MAY 2009**  
**SATURDAY 13<sup>TH</sup> AND SUNDAY 14<sup>TH</sup> JUNE 2009**  
**SATURDAY 11<sup>TH</sup> AND SUNDAY 12<sup>TH</sup> JULY 2009**  
**SATURDAY 8<sup>TH</sup> AND SUNDAY 9<sup>TH</sup> AUGUST 2009**  
**SATURDAY 12<sup>TH</sup> AND SUNDAY 13<sup>TH</sup> SEPTEMBER 2009**

## RYA 'Basic Skills' Course 2009

This Basic Skills course will focus on teaching a more in depth knowledge of sailing and will include safety issues. The course is one and a half days of practical and theoretical training allowing you to increase your level of confidence and competence, so by the end of this course you should be able to sail a dinghy in light winds **without** supervision. This course covers the RYA Level 2 Syllabus.

The 'Basic Skills' course is for those with reasonable experience of sailing or who have already attained a minimum of the RYA Level 1 'Start Sailing' course.

<b>INSTRUCTOR RATIO</b>	1:6
<b>DURATION</b>	1 & 1/2 DAYS
<b>SAILING DINGHIES</b>	SINGLE HANDER LASER PICOS AND CREWED WANDERERS OR WAYFARERS
<b>COST</b>	£150

### Times

<b>SATURDAY</b>	9:30am – 4:30pm
<b>SUNDAY</b>	10:00am – 1:00pm

### Dates

**SATURDAY 9<sup>TH</sup> AND SUNDAY 10<sup>TH</sup> MAY 2009**  
**SATURDAY 11<sup>TH</sup> AND SUNDAY 12<sup>TH</sup> JULY 2009**  
**SATURDAY 10<sup>TH</sup> AND SUNDAY 11<sup>TH</sup> OCTOBER 2009**

## RYA Seamanship Course 2009

On completion of this course, you will be capable of maneuvering a dinghy in a seamanlike manner and making seamanship decisions in moderate conditions. You should have already mastered the practical skills and absorbed the background knowledge required for Basic Skills Level 2. This is a one and a half day practical and theoretical course allowing you to increase your self reliance and decision making as a sailor.

<b>INSTRUCTOR RATIO</b>	1:3
<b>DURATION</b>	1 & 1/2 DAYS
<b>SAILING DINGHIES</b>	CREWED WANDERERS, WAYFARERS, TOPPER VIBES AND SPORT 16
<b>COST</b>	£160

### Times

<b>SATURDAY</b>	9:30am – 4:30pm
<b>SUNDAY</b>	10:00am – 1:00pm

### Dates

**SATURDAY 10<sup>TH</sup> AND SUNDAY 11<sup>TH</sup> OCTOBER 2009**