

## Dinghy Sailing Taster Sessions 2008

This course gives you an ideal insight into the sport of Dinghy Sailing. You will be learning the basics of sailing in a crewed sailing dinghy with the added benefit of your own instructor on board. By the end of this course you should have a good understanding of the sport of Dinghy Sailing and an incredible appetite for more!

<b>INSTRUCTOR RATIO</b>	1:3
<b>DURATION</b>	3 HOURS
<b>SAILING DINGHIES</b>	CREWED WAYFARERS
<b>COST</b>	£55

### Times

<b>MORNING SESSION</b>	9:30am – 12:30pm
<b>AFTERNOON SESSION</b>	1:30pm – 4:30pm

### Dates

**SATURDAY 8<sup>TH</sup> MARCH 2008**  
**SATURDAY 26<sup>TH</sup> APRIL 2008**  
**SATURDAY 10<sup>TH</sup> MAY 2008**  
**SATURDAY 7<sup>TH</sup> JUNE 2008**  
**SATURDAY 12<sup>TH</sup> JULY 2008**  
**SATURDAY 20<sup>TH</sup> SEPTEMBER 2008**  
**SATURDAY 11<sup>TH</sup> OCTOBER 2008**

## RYA 'Start Sailing' Course 2008

This introductory course will focus on teaching boat rigging, launching and recovery, basic sailing techniques and safety whilst afloat. By the end of this course you should have the competence and the confidence to be able to sail in light winds under the supervision of your RYA Instructor. No previous experience necessary. This one and a half day course covers the RYA Level 1 Syllabus.

<b>INSTRUCTOR RATIO</b>	1:6
<b>DURATION</b>	2 DAYS
<b>SAILING DINGHIES</b>	SINGLE HANDER LASER PICOS
<b>COST</b>	£150

### Times

<b>SATURDAY</b>	9:30am – 4:30pm
<b>SUNDAY</b>	10:00am – 1:00pm

### Dates

**SATURDAY 8<sup>TH</sup> AND SUNDAY 9<sup>TH</sup> MARCH 2008**  
**SATURDAY 26<sup>TH</sup> AND SUNDAY 27<sup>TH</sup> APRIL 2008**  
**SATURDAY 10<sup>TH</sup> AND SUNDAY 11<sup>TH</sup> MAY 2008**  
**SATURDAY 7<sup>TH</sup> AND SUNDAY 8<sup>TH</sup> JUNE 2008**  
**SATURDAY 12<sup>TH</sup> AND SUNDAY 13<sup>TH</sup> JULY 2008**  
**SATURDAY 20<sup>TH</sup> AND SUNDAY 21<sup>ST</sup> SEPTEMBER 2008**  
**SATURDAY 11<sup>TH</sup> AND SUNDAY 12<sup>TH</sup> OCTOBER 2008**

## RYA 'Basic Skills' Course 2008

This Basic Skills course will focus on teaching a more in depth knowledge of sailing and will include safety issues. The course is one and a half days of practical and theoretical training allowing you to increase your level of confidence and competence, so by the end of this course you should be able to sail a dinghy in light winds **without** supervision. This course covers the RYA Level 2 Syllabus. The 'Basic Skills' course is for those with reasonable experience of sailing or who have already attained a minimum of the RYA Level 1 'Start Sailing' course.

**INSTRUCTOR RATIO** 1:6  
**DURATION** 2 DAYS  
**SAILING DINGHIES** SINGLE HANDER LASER PICOS AND CREWED WANDERERS  
**COST** £150

### Times

**SATURDAY** 9:30am – 4:30pm  
**SUNDAY** 10:00am – 1:00pm

### Dates

**SATURDAY 10<sup>TH</sup> AND SUNDAY 11<sup>TH</sup> MAY 2008**  
**SATURDAY 12<sup>TH</sup> AND SUNDAY 13<sup>TH</sup> JULY 2008**  
**SATURDAY 11<sup>TH</sup> AND SUNDAY 12<sup>TH</sup> OCTOBER 2008**

## RYA Seamanship Course 2008

On completion of this course, you will be capable of maneuvering a dinghy in a seamanlike manner and making seamanship decisions in moderate conditions. You should have already mastered the practical skills and absorbed the background knowledge required for Basic Skills Level 2. This is a one and a half day practical and theoretical course allowing you to increase your self reliance and decision making as a sailor.

**INSTRUCTOR RATIO** 1:3  
**DURATION** 2 DAYS  
**SAILING DINGHIES** CREWED WANDERERS, WAYFARERS AND SPORT 16  
**COST** £160

### Times

**SATURDAY** 9:30am – 4:30pm  
**SUNDAY** 10:00am – 1:00pm

### Dates

**SATURDAY 7<sup>TH</sup> AND SUNDAY 8<sup>TH</sup> JUNE 2008**  
**SATURDAY 20<sup>TH</sup> AND SUNDAY 21<sup>ST</sup> SEPTEMBER 2008**